Cheyenne & Arapaho TRIBAL TRIBUNE

Volume 7, Issue 10 | www.c-a-tribes.org/tribal-news | March 1, 2012

Cheyenne and Arapaho Tribal Tribune
P.O. Box 38
Concho, OK 73022

PRSRT STD
US POSTAGE PAID
OKLA CITY, OK
PERMIT NO. 823

SUBSCRIBE NOW TO THE CHEYENNE AND ARAPAHO TRIBAL TRIBUNE - $35/YEAR

"Tribal members receive free subscriptions"

Life's Journeys
Princess of the Dog Soldier Society

By Rebecka Lyman, Reporter

From birth, the fraternal ways of the Cheyenne Dog Soldier Society was a way of life for Virginia Allrunner, "too beautiful to be spoiled by modern man."

Allrunner, full blood Cheyenne, was born on April 19, 1932 on Meats Ranch in Indian Territory of western Oklahoma to Nellie and Thomas Dant Allrunner.

Virginia Allrunner 1960s

"We were a busy family, my grandparents John and Mist Meat were members of the dog Soldier's Society and held the Sundance on the ranch every year," Allrunner said as she recalled her life on the ranch. "A lot of my family members were a part of the Society."

At the young age of four, Allrunner was chosen to be a princess of the dog Soldier Society. She said laughing, "I told my grandmother I did not want to participate, but my grandmother said to me 'I will leave the country if you do not.' She wanted me to go and sit in the tipi where the old men were sitting and telling war stories."

Allrunner said she told her grandmother, "I do not like to sit in there ... that I wanted to go outside and play with my friends, but she said to me 'you can do whatever you want but I will leave and you will never see me again.' I started crying because I did not want her to leave and I decided to participate."

Allrunner said their land, known as Meats Ranch, ran along side the North Canadian River.

"We were such a busy family. My father was a farmer and grew corn, wheat and cotton, so that he could provide for us. My mother stayed home to raise us kids. I went to a country school called Pumpkin Ridge ... there were a lot of us Indian kids that went there. After school I would go home and help my mother with the younger children and the wash by taking the clothing off of the line that she had hung earlier in the day ... mostly diapers. I would fold them and that would take hours," Allrunner said as she laughed.

Allrunner, being the oldest of five children, continued to remember the busy lives her family lived as she grew into a young woman.

"I would help my father by hoeing the garden, we also grew radishes, onions, cabbage and other vegetables. We were just a really busy family especially in the summer when Sundance came around, we would help with the feasts," Allrunner said. "All the families would cook, the camp crier would call out four times during the day. By four o'clock the families would gather inside and out of their tipis. The princesses were the first to be fed. The men would fill our plates with food like potatoes, meat soup, fry bread and peaches. We would eat before the men did. We were the sisters of the men and they took care of us."

Allrunner embarked on a story her mother

*See **Princess**, page 8*

Photo by Rebecka Lyman

Virginia Allrunner (l) and her granddaughter, Carla Birdshead, stand in front of an 18 year old painting of the two ladies. The painting hangs on the wall in the café of Custer's Last Stand at the Cheyenne and Arapaho tribes complex in Concho, Okla.

Look Inside...

Jessepe leads with positive attitude, both on and off the court
pg. 2

Darlington Lady Chiefs win state
pg. 11

SPORTS SPOTLIGHT

Jaylen Medicinebear
pg. 11

Ledger Art speaks from the past, explored in the present
pg. 12

Heap-of-Birds takes the stage

By Rebecka Lyman, Reporter

The story of *Oliver Twist* has been told and retold in a variety of mediums, from the original Charles Dickens story, to the musical motion picture and everything in-between.

For Tana Heap-of-Birds, Cheyenne and Arapaho, 14, an eighth grader at Clinton Public Middle School the story of *Oliver* came to life.

"My mom (Pam Heap-of-Birds) told me about the play back in November and she said I should try out for it, so I went to the auditions in December," Heap-of-Birds said. "This is my first performance. My character is an orphan and even though I really don't say anything in the play, my director Julie asked all of us to make up our own character so that it will help us better get into character. My character that I created in my mind is a boy named Toby."

Lights began dimming at The Southwest Playhouse in Clinton, Okla.; it was performance time for Heap-of-Birds.

"In the play I sing songs, dance and get to pickpocket someone in a scene," Heap of Birds said.

The audience was drawn to the performance that Heap-of-Birds and the young people gave in the first scene while dancing and singing the song *Food, Glorious Food*.

Heap-of-Birds said that memorizing the words to the songs was the most challenging for her.

"I really enjoy performing and I love everything about this play, it is fun," Heap-of-Birds said. "One of my embarrassing moments was during rehearsal when I was doing my pickpocket scene. I was walking and when I reached into his pocket I knocked over the street lamp prop."

The Southwest Playhouse produced *Oliver Twist,* along with director Julie Barnett who is a language and arts theater graduate from South Western Oklahoma State University (SWOSU).

"There is myself and other directors in the area who are part of this playhouse and other theaters in the surrounding area. Once one of the theaters has a production all of our names are pretty much put into a hat and drawn. My name was drawn for this production," Barnett said. "I am so impressed that when a group of strangers come together and they all work well with one another. For example one of our cast member's house burned down. Once we all heard of his tragedy, we all rallied together and had a shower for him and his family. We were able to give the family a great amount of cash and household items."

Barnett said the

*See **Takes the stage**, page 7*

Photos by Rebecka Lyman

Tana Heap-of-Birds performs as an orphan pickpocket in the play, Oliver Twist at the Southwest Playhouse in Clinton, Okla.

C&A Governor succeeds in immediately bringing home housing improvement program funds

CONCHO, Okla.-On Dec. 15, 2011 the Interior Board of Indian Appeals ordered that Gov. Janice Prairie Chief-Boswell be recognized, on an interim basis, as the Governor of the Cheyenne and Arapaho Tribes.

This recognition allowed Gov. Boswell to execute an Indian Self-Determination and Education Assistant Act contract with the Bureau of Indian Affairs (BIA) to reinstate the Housing Improvement Program.

Decisions do not usually go into effect until the other party has had an opportunity to appeal the Board's decision, which can be a lengthy process. However, on Feb. 3, 2012, the Board determined that the decision should go into immediate effect because the 'Housing Improvement Program is important for the public health and safety'.

The Housing Improvement Program is a grant program that seeks to fulfill the basic needs of decent, safe, and sanitary housing for the most impoverished Ameri-

*See **Housing**, page 7*

Member Oklahoma Press Association

Member Native American Journalist Association

"2011 Native American Journalist Association First & Second Place Award Winners"

Jessepe leads with positive attitude, both on and off the court

By Rosemary Stephens, Editor-in-Chief

The screaming fans could be heard outside the basketball gym as Haskell University's lady Indians close out Southwest Christian College, in the final minutes of the game, with a score of 55-52, Feb. 17 in Bethany, Okla. Leading her team to victory was #13 shooting guard, Sydney Jessepe.

Jessepe, a 5'7 sophomore, scored 17 points, 6 rebounds and showed a spirit of leadership and confidence on and off the court.

"We have a new coach this year, Shane Flannigan and he really knows his stuff ... our record this year so far is 11-7," Jessepe said.

Jessepe, comes from Mayetta, Kansas where she attended Royal Valley High School. Her grandmother, Rosana Whiteskunk said Jessepe was the tallest girl in her class, "when she was little, in grade school, I would ask Sydney if she was smart and she would look up at me and say 'grandma I am really smart'."

Jessepe, the oldest of five siblings, speaks fluent Cheyenne and Pottawatomie and has always helped her fellow students and her younger brothers and sisters by being a mentor and tutor.

"I used to tutor a lot in high school, I was the math teacher's student assistant and I continue to tutor at Haskell ... I tutor students who aren't up to the college level in Algebra yet," Jessepe said. "One of my younger sisters, Sylvana, I kind of mentored her and she is way ahead of where I was when I was a junior in high school ... look out for her because she will probably be a Gates scholar and she is 5'11 so she will be here at Haskell behind me."

When asked about her own grade point average, Jessepe kind of laughed and said, "Let's just say I could stay in the academic dorm if I wanted to. Athletically I am classified as a sophomore, but academically I am a junior."

Though able to graduate next year, Jessepe wants to play college basketball as long as she can and plans to attend Haskell her full four years.

"I always knew I would attend Haskell University because my grandmother and my grandmother's sisters all attended Haskell. Its only an hour away from where I live and its really convenient to have my home so close to where I attend school ... a lot of people don't get that opportunity," Jessepe said. "Ever since I was little I would attend powwows at Haskell, visit the dorms and I could envision myself going to school there. I would go to basketball games and imagine myself down there on the court. It's a reality now and I am loving it."

Jessepe, sitting in the gym lounge, said in a quiet confident voice, "I bring to my team a positive attitude, you know I don't like teams that start to get down on themselves when they are losing, so I am usually the one who tries to get everyone pumped up and stay that way ... I just bring a lot of positive energy to the team."

Averaging 10 points a game on the court and being a success in the classroom, Jessepe believes every individual is responsible for how far they can go in life.

"The only person that dictates their attitude and whether they make it or not is himself or herself. There are plenty of kids that come from bad homes that make it out because they have the willpower to press on and to stay positive," Jessepe said. "If you stay positive within yourself, say positive things to yourself ever day and be thankful for what you have, you can go a long way with whatever you have."

Life for Jessepe was not always easy growing up, but she said she is proof that anyone can overcome obstacles and pursue their dreams.

"I had alcoholic parents so a lot of my outside family, my grandparents, aunts, uncles ... they gave me a lot of support and they have a whole lot to do with what I am doing now in college," Jessepe reflected. "Being in an alcoholic family I never viewed drinking as fun or choosing that option ... I viewed alcoholism as a hardship and there is a lot more to live for than to drink and partying and you are not going to get anything out of partying. I have seen it first hand and it's a deadend. I saw it as a bad thing right away and didn't want that for my life."

Jessepe said she knew it was because of her grandparents and other elders in her life that she is reaching her dreams.

"I want to thank all my families, my Whiteskunk family, my Weaselbear family, my Jessepe family and my family on the reservation. I want to especially thank my grandpa Joseph Jessepe, my grandpa Lyman Weaselbear Sr. and my grandma Rosana Whiteskunk Jessepe. Those three, being older, have mentored me emotionally and spiritually," Jessepe said. "They are very involved in their traditions which help me have a higher power to look up to. I have a lot of respect for my grandparents and my grandmother's sisters ... they have been very supportive of me. Coming to away games to play, it's comforting to know I have family here to support me. I am thankful to family, my grandparents for raising me and I wouldn't be where I am today without them."

Peltier supporters are walking their message to Washington D.C.

By Rosemary Stephens, Editor-in-Chief

Photo by Rosemary Stephens

Cheyenne and Arapaho Gov. Janice Boswell welcome the supporters of the "Free Leonard Peltier" to Concho, Okla.

A group of "Free Leonard Peltier" supporters, led by Geronimo Powless, are traveling across the United States in hopes of bringing, what they call, "long overdue justice to Peltier.

On Feb. 24, 2012 the group of supporters arrived at the Cheyenne and Arapaho tribal complex in Concho, Okla.

"We are walking to free Leonard Peltier and for human rights. We have been walking since Dec. 18, 2012 where we started in Alcatraz, Calif. but this is our first stop in Oklahoma," Powless said. "We have three or four stops in Oklahoma then we are heading up to Lawrence, Kansas to Haskell, the Indian college up there and then working our way south towards Coleman, Florida, where Leonard is currently imprisoned."

Peltier, a great-grandfather, artist, writer and indigenous rights activist, is a citizen of the Anishinabe and Dakota/Lakota Nations who was imprisoned in1976.

A participant in the American Indian Movement, he went to assist the Oglala Lakota people on the Pine Ridge Reservation in the mid 1970s where a tragic shoot-out occurred on June 26, 1975. Accused of the murder of two agents of the Federal Bureau of Investigation (FBI), Peltier fled to Canada believing he would never receive a fair trial in the United States.

On Feb. 6, 1976, Peltier was apprehended. It is alleged that the FBI knowingly presented the Canadian court with fraudulent affidavits, and Peltier was returned to the U.S. for trial.

According to Peltier's attorneys, key witnesses were banned from testifying about FBI misconduct and testimony about the conditions and atmosphere on the Pine Ridge Reservation at the time of the shoot-out was severely restricted. Important evidence, such as conflicting ballistics reports, was ruled inadmissible. Still, the U.S. prosecutor failed to produce a single witness who could identify Peltier as the shooter. Instead, the government tied a bullet casing found near the bodies of their agents to the alleged murder weapon, arguing that this gun had been the only one of its kind used during the shootout, and that it had belonged to Peltier.

Later, Peltier's attorneys uncovered, in the FBI's own documents, that more than one weapon of the type attributed to Peltier, had been present at the scene and the FBI had intentionally concealed a ballistics report that showed the shell casing could not have come from the alleged murder weapon. Other troubling information emerged such as witnesses who said the agents undoubtedly followed a red pickup truck onto the land where the shoot-out took place, not the red and white van driven by Peltier and

*See **Peltier supporters**, page 7*

DEAN'S
Drive Thru
PAWN SHOP
NATIVE AMERICAN INDIAN GOODS
Dean's Drive-Thru Pawn Shop
2617 S. Robinson-OKC, OK
www.deanspawn.com
405.239.2774
"OKC's Oldest Pawn Shop"
Full Service Post Office

Attention 2012 High School and College Graduates
Submit your graduation photo along with your name, the name of your school and degree (if applicable) for the annual Graduation Insert courtesy of the Cheyenne and Arapaho Tribal Tribune
DEADLINE FOR ALL PHOTOS MAY 8, 2012
Graduation Insert will be published May 15, 2012
To send photos:
1. Email rmstephens@c-a-tribes.org or rlyman@c-a-tribes.org
2. Mail photo to C&A Tribal Tribune, P.O. Box 38, Concho, Okla. 73022 (Be sure to include a S.A.S.E. to return photo)
3. Drop off at the Tribal Tribune office located in Building 1, Concho Tribal Complex
For more information call (405) 422-7446 or (405) 422-7608

OKLAHOMA NATIVE Art & Jewelry
10% Discount
1316 S. Agnew
(Across from Cattlemen's Steakhouse)
Oklahoma City Stockyards
Oklahoma City, OK
okntvart@yahoo.com
OKC's premiere Native American unique arts store.
White Antelope - (405) 604-9800
www.oknativeart.com

Photo by Rebecka Lyman

Richard West awards the Cheyenne and Arapaho tribes' art scholarship funds yearly for tribal students. Pictured 1-r in 2011, James Bates Jr., Gordon Yellowman, Richard West, Gov. Janice Boswell, Teresa Dorsett, Wanda Whiteman, Francine Williams and Ida Hoffman.

W. Richard West Sr. scholarship, a tradition for the Cheyenne and Arapaho tribes

Submitted article

For many years now the Cheyenne and Arapaho Department of Education has been awarded scholarship funds from a "most gracious tribal member", W. Richard West Jr., in honor of his late father, Walter Richard (Dick) West Sr. Richard passed away on May 3, 1996. His Cheyenne name was Wah-Pah-Nah-Yah or Lightfoot Runner.

Richard Jr., (Rick West) was the first director of the National Museum of the American Indian in Washington, D.C. As the keynote speaker at the National Indian Education Association convention held in Greensboro, N.C. on Nov. 4, 2003, he spoke of a new building nearing completion, The National Museum of the American Indian, which will sit on the National Mall in Washington, D.C., and that, "at the very head of the monumental core of this nation's political center, occupying the very last site on those hallowed grounds, will open on Sept. 21, 2004." West also stated, "Sept. 21, 2004, will be a seminal date in history, perhaps this nation's most important cultural event of the decade, if not the quarter century, and I will be personally insulted if a single person in this room today is not there." He further stated, "I thus want to leave you … with some words in Cheyenne that I offer to you … in the spirit of prayer and benediction and in genuine respect and affection, (spoken Cheyenne), "Thank you very much for your kind attention. Good luck and Godspeed."

A $5 thousand scholarship has been given to the Cheyenne and Arapaho tribes per year. Over the years, the gift has sometimes been contributed entirely by the West family and sometimes matched funds from a contributor. Jim West has also contributed to the W. Richard 'Dick' West, Sr. art scholarship, in memory of his father. West has stipulated the scholarship funds are to be awarded to a Cheyenne and Arapaho student or students, majoring in art. The first installment of West's gift was presented at the Cheyenne and Arapaho Labor Day powwow, in September 2003, where he held a traditional giveaway conducted at the Cheyenne Chief's tipi.

Scholarship recipients will be selected by Executive Director of the Department of Education, Teresa Dorsett and Higher Education Coordinator, Wanda Whiteman. The students must be Cheyenne and Arapaho tribal members and are selected according to their college major, past academic performance, their interest in art, and outstanding art awards or honors. All of this information will be taken into consideration when this selection is made. Students will receive a scholarship in the amount of $2,500 per academic year.

The Cheyenne and Arapaho Education Department is deeply grateful to W. Richard West Jr., for the scholarship contribution and extremely thankful for the Henry J. Kaiser Family Foundation for the contribution.

West said he is proud to be a member of the Cheyenne and Arapaho tribes, as we are proud that he is a member of our tribe.

The higher education program will continue to assist tribal students throughout their educational endeavors. Art students may request information on how to apply for the scholarship through wwhiteman@c-a-tribes.org or by calling (405) 422-7653 or (405) 422-7646.

Art contest for 2012 graduation banquet

Theme- "From Smoke Signals to Satellite: Enhancing Tribal Education in a Digital Frontier"

An art contest will be held by the Cheyenne and Arapaho Higher Education Program. Artwork will be used on t-shirts to be given at 2012 Graduation Banquet and/or other education events.

Art contest for grades K-12 must be enrolled member of Cheyenne and Arapaho tribe, size of artwork must be 8 ½ x 11, black and white preferred, if color please use only 2-3 colors (color is more expensive to screen print), pencil, pen and ink; are acceptable. Artwork must match the theme, *"From Smoke Signals to Satellite: Enhancing Tribal Education in a Digital Frontier"*

Deadline to submit all entries is March 30, 2012.

Artwork can be delivered to 200 Wolf Robe Circle, Concho, OK Attention Higher Ed Office; or mailed to Wanda Whiteman, PO Box 167, Concho, OK 73022

Student must write name, address, contact number and grade on back of artwork.

Student must stipulate art work will become the property of Cheyenne and Arapaho Department of Education and copyright will belong to Cheyenne and Arapaho Department of Education.

Winner will be awarded $200 along with some t-shirts.

We will require a short biography of the artist, listing school, etc.

A photo of the winner will be taken after being selected (photo can be with art instructor or someone who may have mentored the student or someone else).

For more information call (405) 422-7560.

Annual Cheyenne and Arapaho graduation banquet set for May 2012

The annual Cheyenne and Arapaho graduation banquet will be held on May 2, 2012 at the Frisco Center, 101 S. 4th Street in Clinton, Okla.

High school graduates will need to send verification that they have enough credit hours to graduate with their class in May 2012. A letter from the school registrar or their high school counselor will be accepted. The letter verifying graduation, a CDIB and a gaming application are the documents needed to receive the $150 incentive award for graduating from high school.

The names will be placed on the invitation list to the graduation banquet. Please send the graduation verification documents to our office by April 16, 2012 so a check can be processed for you before the graduation banquet. The incentive award will then be given to you at the graduation banquet.

College graduates need to send a degree evaluation and/or a letter from their advisor listing an anticipated date of graduation and degree they will receive.

College/University graduates will receive an incentive award after our office has received an official transcript with degree conferred on the transcript.

Each graduate will be allowed to bring two guests.

For more information call (405) 422-7560.

ELDORADO Motors
MEMBER OF THE BOB MOORE AUTO GROUP
Want to BUY a used CAR, TRUCK or SUV
Come see Our LARGE SELECTION
FAST FRIENDLY SERVICE
You BUY HERE You PAY HERE
NO Payment Devices
NO CREDIT BAD CREDIT NO PROBLEM
405-775-4609
Larry Mayfield
3520 N May Oklahoma City

Est. 1909
ROCK OF AGES
Arnold / El Reno Monument Company
(405) 262-0136
www.arnoldmonument.com
320 E. Elm
El Reno, OK 73036

EARLY BUYS ON WINTER CLOTHING
BUY NOW - USE LAYAWAY
SAVE $$$
Insulated Coveralls, Bibs & Jackets for Working Men!
Big & Tall Men's Clothing Store Up to 10x
DICKIES SCHOOL UNIFORMS & HOODIES
Latest Styles-Big Selection
Winter Clothing for the WHOLE family!
Children to King-Size Winter Jackets!
Don't WASTE your hard earned money at department stores - we sell bargains on QUALITY CLOTHING!
SAM'S BEST BUYS
2409 S. Agnew Ave. OKC
(405) 636-1486 - Mon-Sat. 9 a.m. - 5:45 p.m.

Central Hair & Nail Salon
Haircuts Perms Color Wax
3518 N. MacArthur Blvd.
Oklahoma City
Tues-Fri 10:30-6:30
Sat. 10-6
Georgia Moore McGee
Cell 405.882.0711
Salon 405.943.1819
MARCH SPECIAL!! Mon.-Wed. FREE Shampoo with Haircut Men & Women

Making home ownership easy for Native Americans
Quick approval
First-time home buyer loans
Flexible financing options
Construction to permanent loans
FHA, VA and USDA loans
Jumbo loans
Debt consolidations
Dina Scheirman
Mortgage Loan Consultant
Loan Orginator ID# 469195
405-413-8332
dscheirman@firstunitedbank.com
dscheirman.fubmortgage.com
U MORTGAGE
Banking :: Mortgage :: Insurance :: Wealth Management
Ask about the Section 184 Loans for Native Americans!
FirstUnited

Cheyenne and Arapaho Tribal Tribune

Rosemary Stephens, Editor-in-Chief
(405) 422-7446 rmstephens@c-a-tribes.org

Rebecka Lyman, Advertising Sales/Reporter
(405) 422-7608 rlyman@c-a-tribes.org

P. O. Box 38, Concho, OK 73022 Fax: (405) 262-6051

Oklahoma Press Association member

Native American Journalist Association member

DISCLAIMER: Letters to the editor, opinions and commentaries do not reflect the views of the Tribune unless specified. Correspondence must be signed, and include a return address and telephone number for verification, otherwise it will not be published. The Tribune reserves the right to edit letters, for clarity and length. Submission of a letter does not guarantee its publication. Photographs, news stories or other materials in this publication may not be reprinted without written permission.

Annual subscription rate - $35; Enrolled C & A tribal members - FREE. Printed by Lindsay Web Press, Lindsay, Okla.

FIRST & SECOND PLACE WINNERS OF THE 2011 NATIVE AMERICAN JOURNALIST ASSOCIATION MEDIA AWARDS

Tribal Tidbits

Photos By Rebecka Lyman

The Cheyenne and Arapaho tribes, Concho Child Development Center (CDCC) participated in the 10th national wear red as part of February American Heart Month. To show their support for women's heart disease awareness the children and staff wore red on Fridays throughout the month of February.

Reports state that more women are finding out their personal risk for developing heart disease. In 2009, 48 percent reported discussing heart disease with their doctor, up from 30 percent in 1997. Data also shows that women who are aware that heart disease is their number one killer were 35 percent more likely to be physically active and 47 percent more likely to report losing weight than women who were unaware.

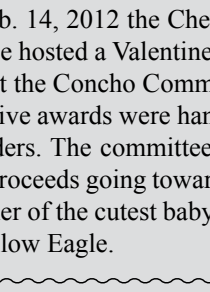
Courtesy Photo

Cheyenne and Arapaho Independent Living Center crowned two of its residents for Valentines Day. Erma Brown, queen and Marvin Wilson, king were honored with a dinner for two at Montana Mikes in Clinton, Okla.

Photos by Rosemary Stephens

Bindi Yellow Eagle was the winner of the 2012 Cutest Baby Contest hosted by the Cheyenne and Arapaho employee committee.

Melissa Buffalomeat serves up some homemade punch.



Employees enjoy Valentine's goodies, cupcakes, cookies, and punch during lunch on Valentine's day.

On Feb. 14, 2012 the Cheyenne and Arapaho Employee committee hosted a Valentine's Day luncheon for tribal employees at the Concho Community Center.

Incentive awards were handed out for the top ten biggest loser leaders. The committee hosted a cutest baby contest, with all proceeds going towards employee functions/events. The winner of the cutest baby contest went to three year old Bindi Yellow Eagle.

Photos By Rebecka Lyman

The Cheyenne and Arapaho tribes CHR program finds that there is more reason than ever to be heart conscious and embrace the color of love this time of year because February is Heart Disease Awareness month.

Every Friday through out the month of February the CHR program gave tribal members an opportunity to visit their office and find out more about what it takes to take care of the heart. The CHR program gave tribal members hand outs about exercise and losing weight, checked blood pressure and sugar levels.

Warning signs of suicidal behavior

Submitted article

You might have heard a friend or family member utter the phrase, "I want to die!", desperately and in frustration.

The situation would be above the level of help you are able to give them. Still you are concerned about the fact that the dear one is at a loss. Suicidal tendencies always arise when a person feels he or she is at the rope's end and wants to let go. Not all individuals with suicidal tendencies tend to verbalize the wish, but there are certain common behaviors exhibited by depressed persons with suicidal inclination, that help us identify the condition before the tragedy occurs.

Here are some tips that will surely help to identify the individuals at the brink of self-induced death.

Emotional state-The most evident mood presumably is depression. Person will not laugh or joke, facial expression is gloomy and verbalizations are pessimistic in general, especially when relating to self. There is only one situation where a suicidal person will speak hopefully, which will be discussed shortly. Outburst of anger or crying over minor issues can be frequent.

Thoughts-The person's imaginations and thoughts focus on successful methods of ending life. They may also verbalize their thinking by asking questions like, "Do you think getting hit by a truck hurts much?" or "Taking how many of these tabs, do you think will be fatal?"

Activity-The person is generally restless. He or she lacks concentration yet is preoccupied. These individuals can also be seen making arrangements to settle their personal, family and other matters. They may pay off their debts, sell properties, apply for family insurances, write their own wills and even try to fulfill their loved one's wishes they were so against till then.The person can also be found writing depressing poems and sad stories which culminate in death of the core characters.

Eating and sleeping habits-Extremes of behaviors are seen in either of the cases. Depressed persons can hog or starve. They can have insomnia or sleep for hours, not even eating or bathing. Sleeplessness is due to anxiety, and over-sleeping is due to incapability to face life while awake.

Self-esteem-The person has very low self-esteem and no motivation feelings at all. Words like "I can't go on" or "I am a loser" or "why try when I am bound to fail?" are common. These individuals will not usually have a goal to live for. They also feel that other people find them disgusting, a burden or 'less than human.'

Past history of suicide-Individuals who have tried once to do self-murder are the ones who try again. If any of your loved one has escaped suicide, be watchful, as there is a very high percentage of chance that they will try again, unless the situation changes.

Change of mood-Note well when a person who was feeling down for a long time suddenly gets happy and light-hearted. It can mean that they have decided on carrying out their suicidal plan. They will suddenly be carefree and jocular. These changes will be a relief to the family member, as they consider that the person is at last getting back to life, when indeed the reverse is imminent.

Another method of suicide is passive suicide. The person may starve or fall asleep in a bath-tub or sink. So what should we do if we diagnose a suicidal predisposition? Talk with the person. Ask if they have any such thoughts. Don't have the misconception that asking such a thing will instill the negative idea in the person. They don't. Most cases the individual will admit if he or she has the reflection. Don't over react, but be sympathetic, but never promise confidentiality in such a situation. Tell family/friends, seek medical or psychiatric help as soon as possible. Remove all harmful, dangerous and sharp objects like bed sheets, revolver, knife, blades, medicines, belts, glass items, away from the person. Always have someone to watch over the person and never leave the person alone.

These are just some general signs and do not apply to everyone, each suicide is very individually unique and may not fit any of the criteria above. Suicide is not predictable but we can try to maybe listen a little longer to that friend that you know something is just not right with or offer them help to possibly prevent a suicide.

The National Suicide hotline is (800) 273-TALK or (800) 273-8255.

Law firm in Colorado secures landmark court ruling on tribal sovereignty

Denver, CO-Fredericks Peebles & Morgan LLP has successfully garnered a landmark ruling in suits brought by the State of Colorado against two tribally-owned online businesses.

Those suits threatened tribal sovereignty and the ability of the tribes to operate businesses for the purpose of economic development. The two businesses are separately owned and operated by the Miami Tribe of Oklahoma and by the Santee Sioux Nation, both federally-recognized Indian tribes. The Denver District Court ruling, captioned State of Colorado v. Cash Advance, is expected to have a major impact on the ability of other tribes and their economic development entities to do business both in Indian Country and over the internet.

The ruling also outlawed state-issued subpoenas that would have required the two tribal companies to provide documents and other proprietary information, which the Tribes claimed that the State had no right to demand. Contempt citations and bench warrants aimed at the tribal entities and their officers for failing to comply with the subpoenas were also discharged under the ruling.

Lead attorneys for Fredericks Peebles & Morgan were Conly Schulte and Shilee Mullin. Firm attorneys argued that the suits brought by the State of Colorado had no merit because the companies are wholly-owned arms of federally-recognized Indian tribes, and they are therefore immune from the subpoenas and enforcement orders under the doctrine of tribal sovereign immunity. The Colorado Attorney General had argued that the tribally-owned businesses were not immune from suit on the ground that they engaged non-tribal members in some of their operations. The Denver District Court disagreed, holding, "The Miami and Santee people are the ones we must trust . . . to know what kinds of business relationships are in their best interests. They do not need the guidance of the State of Colorado, through either its law enforcement officials or its courts."

"The Court's decision is groundbreaking for its application of the principles of tribal sovereignty to modern day tribal economic development activities," said Conly Schulte, an attorney with Fredericks Peebles & Morgan, who argued the cases before the Colorado courts. "It stands for the proposition that State officials have no right to impose their paternalistic values upon tribes' business decisions."

The original suit brought by the State suggested that the two businesses were in violation of Colorado law for doing business with Colorado consumers over the internet without having a license from the State. After several years of wrangling over whether the tribal entities could be forced to comply with the State's subpoenas, the Colorado Supreme Court ruled that tribal immunity applies to businesses that are arms of their respective Indian tribes, regardless of whether the activities are commercial or governmental in nature, or whether the activities take place on or off tribal lands. The Supreme Court sent the case back to the District Court for a determination of whether the tribal businesses were arms of their respective tribes, and the District Court ruled in favor of the tribes.

"This decision will have a monumental positive effect in Indian Country and on tribes who are trying to build their economies and improve the lives of their people through many diverse business opportunities," said Shilee Mullin, an attorney with Fredericks Peebles and Morgan. "The firm is pleased to have had an important role in securing this ruling that helps protect and preserve tribal sovereign immunity which has been threatened by a variety of organizations."

Report to the people

Date of Award: *January 1, 2011*
Date of Report *July 1 through Dec. 31, 2011*
I.H.S. Contract Number: *246-2007-0019*
Amount of Award: *$135,664.00*
Contractor Name: *Cheyenne and Arapaho Tribes*

The Cheyenne-Arapaho tribes administers a Tribal Health Education Program funded by the Indian Health Service through a P.L. 638 contract. Program staff consists of one Health Education Director and one Physical Fitness Specialist.

Health Education is provided to the Native American population residing in the jurisdictional areas of the Cheyenne and Arapaho tribes. The office is located at 700 Black Kettle Boulevard in Building1, Concho, Okla.

The purpose of the health education project is to assess health education needs, encourage active participation, promote health awareness, maintain health and well-being, and prevent disease and disability.

Funds from the 2011 budget are obligated toward intended expenses such as salaries, training and staff development, office space, office supplies, direct prevention activities, communication costs and other expenses relevant to program operation.

The Health Education Program promotes active living at multiple levels and settings and in a variety of populations from young to old.

From July 1 to Dec. 31, 2011 the health educator and physical fitness assistant provided educational presentations and disseminated health information on breast self exams and breast cancer, cancer wwareness, health fairs, dance classes, women's health education presentations, functional exercise for nursing home residents, at risk youth prevention classes, community health education, a tobacco prevention, nutrition and employee wellness activities.

Employee development and training included, web page design, budget training, supervisor/director training, public health, CPR and attendance at meetings intended to increase knowledge of health promotion and disease prevention concepts and methods for effective implementation.

Program Objectives include develop procedures for preventive and corrective approaches, request attendance at the Clinton Service Unit staff meetings, identify and list resources of health education, conduct well-defined health education projects, model health and well-being concepts in health education activities, establish and implement an employee health and fitness program. Assist tribal health programs to develop educational components in their program activities, use IHS statistical data for strategic planning, and provide executive direction and management in health education activities. The Health Educator has accomplished the major objectives in this period with a total of 543 Native American people served.

Emotional adoption case may weigh state, federal law

By Bruce Smith

CHARLESTON, S.C. (AP)-A South Carolina adoption case is pitting the couple who nurtured a 2-year-old girl against the child's biological father, a Cherokee Nation tribal member who took her back to Oklahoma after winning custody of her.

The South Carolina Supreme Court has agreed to hear the case, and the justices could for the first time be weighing state adoption law against a federal law, little known in South Carolina, meant to protect Native American children. It's not entirely clear why a family court judge granted custody to the girl's father because the case record is confidential.

But an attorney representing the South Carolina couple said the judge may have ruled as he did because of the federal law. Or the judge may also have questioned the validity of a waiver signed by 2-year-old Veronica's father allowing her to be put up for adoption.

The federal Indian Child Welfare Act was passed in 1978 because of the high number of Indian children that at the time were being removed from their homes by public and private agencies. The act gives the child's tribe and family the right to have a say in decisions affecting the child.

In this case, now-2-year-old Veronica was adopted by Matt and Melanie Capobianco, who live on James Island just outside Charleston. They cut the umbilical cord at birth, were the first to hold her and have cared for her since she was born.

The child's father, Dusten Brown, a member of the Cherokee Nation, signed the waiver. But four months later, he went to court seeking custody. The courts eventually awarded Brown custody of the child and he arrived in Charleston on New Year's Eve with his parents to take the girl back to Oklahoma.

Brown's attorney, Shannon Jones, would not comment on the case to The Associated Press. But she has said previously that her client didn't understand the waiver and ``loves this child with all his heart.''

The Capobiancos also refused an AP request for an interview, citing a gag order that's been sought in the case.

However, since Veronica was returned to Oklahoma, the Website www.saveveronic.org has been launched. It includes a clock that counts the days since the she left South Carolina.

There have been fundraisers to pay for legal fees, and more than 20,000 signatures have been collected on petitions to ask federal lawmakers to consider revising the Indian Child Welfare Act.

The petition was recently presented to Gov. Nikki Haley.

"My heart breaks for Matt and Melanie. If you have a child, that's just a precious part of your life,'' the governor said, adding she would speak to federal lawmakers from South Carolina. "Because it's a federal issue doesn't mean I can't at least say, `What are you all doing about this?'"

Courtesy photo

During a recent candlelight vigil, Melanie Capobianco told a crowd that "we are trying to remain strong in the belief that our little girl, our sweet Veronica Rose, will come home.''

What's unclear is whether the Indian Child Welfare Act entered the family court judge's custody decision. All adoption records and hearings in South Carolina are sealed, so it's not known if the judge ruled simply on the basis of South Carolina adoption laws or if the Welfare Act applied.

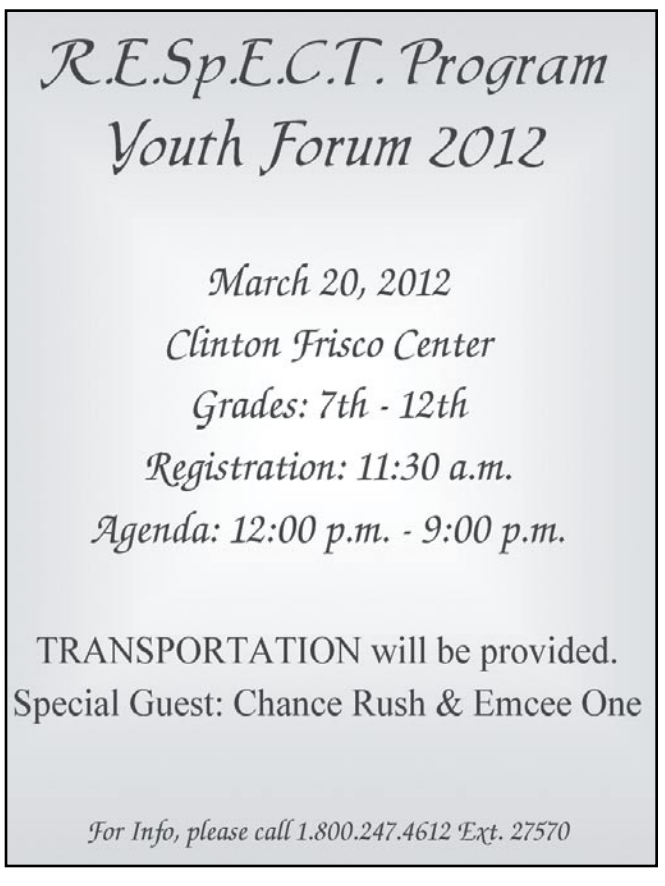
"That's what's so frustrating to the media and the general public,'' said Stephanie Brinkley, a Charleston adoption attorney who is helping the Capobiancos with their appeal. She said the order, if released, would have the judge's legal conclusions and "that would kind of connect the dots.''

The judge's ruling might talk about the validity of the waiver signed by the father, she added.

"In the media there has been a lot of he said, she said,'' Brinkley said. ``Somewhere in between lies the truth.''

She said it's the first time a case involving the Indian Child Welfare Act has come before the state Supreme Court and she has not found any similar cases in the United States Fourth Circuit that encompasses the Carolinas, Virginia, West Virginia and Maryland.

"I think this is a tough case because it is so emotionally charged,'' she said. "This is an innocent child. She is caught in the middle of it. Obviously there are people who love her very much and everybody wants to be a part of her life. But their passion about her and wanting to be in her life is kind of bringing out the worst in both sides.''


R.E.Sp.E.C.T. Program
Youth Forum 2012
March 20, 2012
Clinton Frisco Center
Grades: 7th - 12th
Registration: 11:30 a.m.
Agenda: 12:00 p.m. - 9:00 p.m.
TRANSPORTATION will be provided.
Special Guest: Chance Rush & Emcee One
For Info, please call 1.800.247.4612 Ext. 27570

R.E.Sp.E.C.T. Program
Spring Fling 2012
Oklahoma City Zoo
March 17, 2012
11:00 a.m. - 2:00 p.m.
For grades: K - 6th
Lunch will be provided.
Transportation will NOT be provided.
Parent/Chaperone required.
Must call to register by March 7th.
For more information or to REGISTER,
Please call 1.800.247.4612 Ext 27570 or 27585.

Powwows & Events CALENDAR

Free Estate Planning and Wills

March 2, 2012 at the Native American Church Center in Concho, Okla. Seen by appointment only. For more information or to schedule an appointment call Lori Harless at (405) 208-5017.

Watonga Trout Derby

March 2-4, 2012 at Roman Nose State Park. Junior division ages 17 and younger, senior division ages 18 and older. Pre-registration available online or in person at the Watonga Chamber of Commerce. Cost is $10 for junior division and $20 for senior division. For more information call (580) 623-5452 or visit www.watongachamber.com.

Memorial for Elsie Harrison Bushyhead

March 3, 2012 at the Watonga Fairgrounds in Watonga, Okla. Paint Ceremony at 1 p.m. followed by lunch. Gourd dancing at 2:30 p.m. Supper at 4:30 p.m. Please bring chairs. For more information call (405) 206-5402.

Native American Pre-Law Day

March 3, 2012 at the University of Tulsa College of Law in Tulsa, Okla. Event begins at 8:15 a.m. - 5:30 p.m. Space is limited and registration is on first come first serve basis. Register by Feb. 21, 2012 by calling (918) 631-2406 or at lawadmissions@utulsa.edu.

Peoria Tribe of Indians of Oklahoma Stomp Dance

Saturday, March 3, 2012 at the Ottawa/Peoria Cultural Center in Miami, Okla. Dinner at 5:30 p.m., Stomp Dance at 7 p.m. Bring lawn chiars, covered dish and a cake. For more information contact the Peoria Tribal office at (918) 540-2535.

The third annual Gainesville Student Benefit powwow

March 3, 2012 at the Gainesville High School gymnasium, 2201 S. I-35 Hwy. in Gainesville, Texas. For more information call (580) 328-4979.

Cheyenne and Arapaho Education Community Meeting

6 p.m., March 7, 2012 at the Kingfisher High School cafeteria in Kingfisher, Okla. For more information call (405) 422-7568.

Cheyenne and Arapaho Environmental Review Board Open Public Meeting

10 a.m.-12 p.m. March 8, 2012 at the Native American Church building in Concho, Okla. Meeting is open to all tribal members, tribal employees and surrounding communities with questions or comments regarding environmental and health issues. For more information contact Dwight Partin at (405) 422-7650.

Lucky Star Casino presents Snoop Dog

Thursday, March 8, 2012 at the Lucky Star Casino Event Center. Doors open at 7 p.m. Show at 8 p.m. For tickets visit www.ticketstorm.com.

Benefit Dance for Johnny Harvie

March 10, 2012 at the Concho Community Center in Concho, Okla. Gourd dance at 2 p.m., supper at 5 p.m., War Dancing at 7 p.m.

Johnny Harvie was diagnosed with Esophagus Cancer, stage four. He is 39 years old and father of seven children. Harvie is the son of James Harvie Sr. of Denver, Colo. and the late Maud Horn Harvie. He is the grandson of the late Jesse Horn and the late Mable MedicineBird Horn. Harvie is a single father of five of his seven children. All proceeds will go towards medical and living expenses.

Arts and crafts welcomed. For booth information call Irene Deer at (405) 740-1492.

The 2012 Red Earth Fun Run

March 10, 2012 at the Regatta Park and River Trails in Oklahoma City, Okla. Registration begins at 7 a.m. Cost is $30 for adults, $20 for students 18 years and younger. For more information visit www.redearth.org.

Honor Dance for Arapaho Chief Eric Sandoval

Saturday, 3 p.m., March 17, 2012 at the Concho Community Center in Concho, Okla. Everyone is invited. For more information contact Donna Sandoval at (405) 388-4826.

The 2012 Oklahoma City Princess Honor Dance

March 17, 2012 at the Heart of Oklahoma Expo Center, 1700 W. Independence in Shawnee, Okla. For more information contact Shirley Wapskineh at (405) 632-5227 or by email at swapskineh@sbcglobal.net.

Miss Indian Oklahoma City Competition and Performance

6:30 p.m., March 23, 2012 at 3801 S.E. 29th Street in Del City, Okla. For more information contact Shirley Wapskineh at (405) 632-5227 or by email at swapskineh@sbcglobal.net.

Denver March Powwow

March 23-25, 2012 at the Denver Coliseum in Denver, Colo. For more information visit www.denvermarchpowwow.org.

Birthday/Graduation Dance for Shelsie Mae White Thunder (DiggingBear)

March 31, 2012 at the Concho Community Center in Concho, Okla. $500 winner take all. For more information contact Sheldon, Shelby or Tommy White Thunder at (405) 598-1596 or (405) 598-0378.

The footpath of Dr. Henrietta Mann

Written by Dr. Henrietta Mann

Dr. Henrietta Mann

To share my journey through higher education, recognizing that I have a cultural anchor, which is that of being Tsistsistas (Cheyenne)

I am Tsistsistas (Cheyenne), one of the "Hearted Alike People."

I have been blessed with long life, and will have walked this earth for 78 years come May 22, 2012.

I hope to live to be the same age of White Buffalo Woman, our family matriarch from the buffalo days, when she walked up the Milky Way to that gigantic encampment in the stars. She had lived for some 86 years and survived the 1864 Sand Creek Massacre in Colorado Territory and the 1868 Massacre of the Washita in Indian Territory. She was among those who followed their leaders to the reservation.

As she prepared to leave, she told the grandson she had reared that her prayers had been answered in living long enough to see his first child. Then she sang her death song, "I have seen good and harsh times, but the only thing that is hard is death because memories linger on."

That grandson was my father and I was that first child. My father often reminded me that I was the answer to his grandmother's prayers and to remember that being a living prayer, so to speak, carries certain obligations and responsibilities. It essentially mandated by a life of service. Even before I entered school at the age of five, I decided that I was going to become a teacher and teach Indian children.

That dream had its beginning in Hammon, Okla., my hometown.

My family and community breathed its hopes and dreams into my being, as they did other children from my generation. As but an infant of less than one-year in age, I was elected to serve as the chairman of our community Christmas committee. Of course, my family acted in my stead and the annual celebration was carried through to completion.

The young woman for whom I was named gave me lessons in what was then called "expression." I subsequently recited a monologue called "Tom Boy" at a school function, which was attended by many Indian community members. If I close my eyes and concentrate, I can still hear their loud applause.

I won a speech contest during high school and dressed in my beaded buckskin dress to speak at a frontier days celebration in downtown Elk City, Okla. I remember the look on my grandfather's face as he and his friends stood beaming in the audience. Unknown to me then, it was among the earliest of many speeches to come.

Like some of you, I am first generation college. In 1954 I earned a Bachelor of Arts Degree in Education with a major in English. Years later, in 1970 I completed a Master of Arts Degree in English at Oklahoma State University in Stillwater, Okla. Although I was already tenured and held the rank of Associate Professor, I went back to graduate school. Finally in 1982 I earned my Doctor of Philosophy Degree in American Studies at the University of New Mexico.

In looking back over my life, I have fulfilled my early childhood dream. I have taught in junior high and high school, and at prestigious institutions of higher education on both the west and east coasts.

These teaching stints have included the University of California, Harvard University, Graduate School of Education, University of Montana, Haskell Indian Nations University, Montana State University, and the Cheyenne and Arapaho Tribal College.

In 1970 I found my professional academic home when I entered my first university classroom at Cal Berkeley. At the time, ethnic studies was experiencing its genesis on university campuses primarily on the west coast in California, the result of student activism such as the Third World Liberation Front Strike. Native American Studies had come into existence and I was there on the ground floor. What an exciting time to be indigenous.

I helped create the inaugural Native American Studies Baccalaureate Degree program at UC Berkeley and was expected to do the same at the University of Montana (UM), which was the next stop on my journey in education.

The university attracted American Indian students primarily from Montana's seven reservations. In 1972, I became Director and Assistant Professor of Indian Studies at UM. The UM administration must have thought I would remain at Harvard where I had gone on a visiting appointment in January 1977. That same year I was promoted to Associate Professor with Tenure. Finally, in 1986 I became a full professor. It was a regimented journey of impeccable individual performance up through the academic ranks for me.

1986 was a landmark year. I had become Professor Mann, and I also went off to Washington, D.C. on an Intergovernmental Personnel Assignment (IPA) with the Bureau of Indian Affairs. Through the IPA, the university loaned me to the federal government for one year. Thus, I became the Deputy to the Assistant Secretary of Indian Affairs and Director of the Office of Indian Education Programs (OIEP). Ross Swimmer, Cherokee, was the Assistant Secretary.

The BIA was a workaholic's paradise. I was the highest ranking Indian woman in education working for the Reagan Administration in a high national profile position. Realistically, however there was the U.S. Congress and its policies, Reaganomics, inherent bureaucracy, resistance to change and mountains of work. Not adverse to work, I simply was not cut out to be a "bureaucrat," and I returned to students and my classroom.

After some 28 years I left the University of Montana to take another step up on the academic ladder. In 2000 I became the first person to fill the Katz Endowed Chair in Native American Studies at Montana State University. It was the only one in the pacific northwest and one of a handful in the country. Filling an endowed chair position was a great way to end my university teaching career. It was the capstone to my university career.

Immediately following my retirement from the Montana University System in 2003, I became special assistant to the president of Montana State University. At that time the only other known one was held by Peterson Zah at Arizona State University. Diane Humetewa currently fills the position of Special Advisor to the President on American Indian Affairs at ASU. Other Special Assistant positions now include, New Mexico State University, Pamela Agoya, University of Arizona, Karen Frances Begay

Assessing my time in the "Ivory Tower," I would say that I did the necessary administrative work, but my heart has always been in the classroom with students, never mind the tedious tasks associated with teaching. I worked long and well in the educational trenches.

Suffice it to say that were it not for students, I would never have been considered for inclusion on Rolling Stone magazine's 1991 honor roll of top ten professors in the country. As I understand they were looking for less than a dozen of cutting edge professors teaching in the nation's universities, who best exemplified the profession.

I did not know about the remote possibility until several rounds of elimination had already occurred. The rest depended upon how well I did in two grueling rounds of interviews.

It was there I discovered to my horror that my students referred to me as "dragon lady." I had thought I was nice and approachable with my open door policy, but at the same time I knew I held students to high expectations. I also found out that students dreaded getting their papers back with their errors and my feedback duly noted with my demoralizing red pen. "Once an English teachers, always an English teacher."

Thus, Rolling Stone Magazine in its Special College Issue, March 21, 1991 featured its honor roll of top profs from around the country. The list included ten professors and I was one of them. Me?

One of my campus friends wrote in his congratulatory note, "for us holdover hippies from the 70s, inclusion in Rolling Stone is the equivalent of a noble laureate." And so it is.

When others my age are sitting back and enjoying retirement years, I instead chose to step into my encore career, another workaholism seventh heaven.

Currently, I am drawing upon all my experience in higher education to assist the Cheyenne and Arapaho tribes achieve their vision of a tribal college. Visions and dreams are the essence of life, but they oftentimes require money for fulfillment and actualization.

In May 2006, through a memorandum of understanding, the tribes entered into a partnership with Southwestern Oklahoma State University in Weatherford, Okla. to house their tribal college where it is currently located.

On April 13, 2007, the Cheyenne and Arapaho Tribal College was awarded 501 (c) (3) status by the Internal Revenue Service.

On April 3, 2008, I, Dr. Henrietta Mann was inaugurated at the first President of CATC.

The vision statement reads as follows, *"The Cheyenne and Arapaho Tribal College is our national academic sanctuary and the home of traditional tribal knowledge which promotes the strong values that have always guided the hearts and minds of the people and which honors the treasured human gifts, the ability to think, to hear, to speak, to feel, and to walk on this good Earth."*

One of the five strategic goals of the college is to become the language and cultural capital of the Cheyenne and Arapaho tribes.

Our ancestors left us culturally and spiritually wealthy, and we must protect and at the same time celebrate our cultural inheritance. The tribal college maintains the connection between the cultural past, present, and future.

The sole funding for the operation of the tribal college comes from the Cheyenne and Arapaho tribes.

At the moment, the college is small and fragile like a tiny plant that has to be nurtured and cared for so that it can grow into a strong cottonwood tree with deep cultural roots like its people, the Tsistsistas and Hinónóéí.

In its quiet safety, students can study the Cheyenne and the Arapaho languages, traditional knowledge and contemporary information.

They can pursue one of four associate degree programs either in General Studies, American Indian studies, Tribal Administration, or Children's Teachers our early childhood education program.

Through creating their tribal college, the Tsistsistas and Hinónóéí have exercised their sovereign right to control the higher education of their tribal youth.

CATC CORNER

Today, after considerably hard work, the embryonic college stands as a living monument to the Cheyenne and Arapaho spirit as the college of and for its people to whom it is dedicated.

I have seen much on my education journey. My great-grandmother's phrase from her last song, echo in my heart and like her I can say "I have seen good and harsh times."

The good that I have witnessed over the four decades I have spent in Indian education is that more and more American Indian students are attending and graduating from the nation's colleges and universities.

A few but important harsh realities are, retention rates must be improved to counter the high dropout rates of Indian students. Colleges and universities have to develop more welcoming environments for its Indian students. College and university faculty and staff composition must mirror the student body composition. Academic programs and courses must reflect the diversity of its student body.

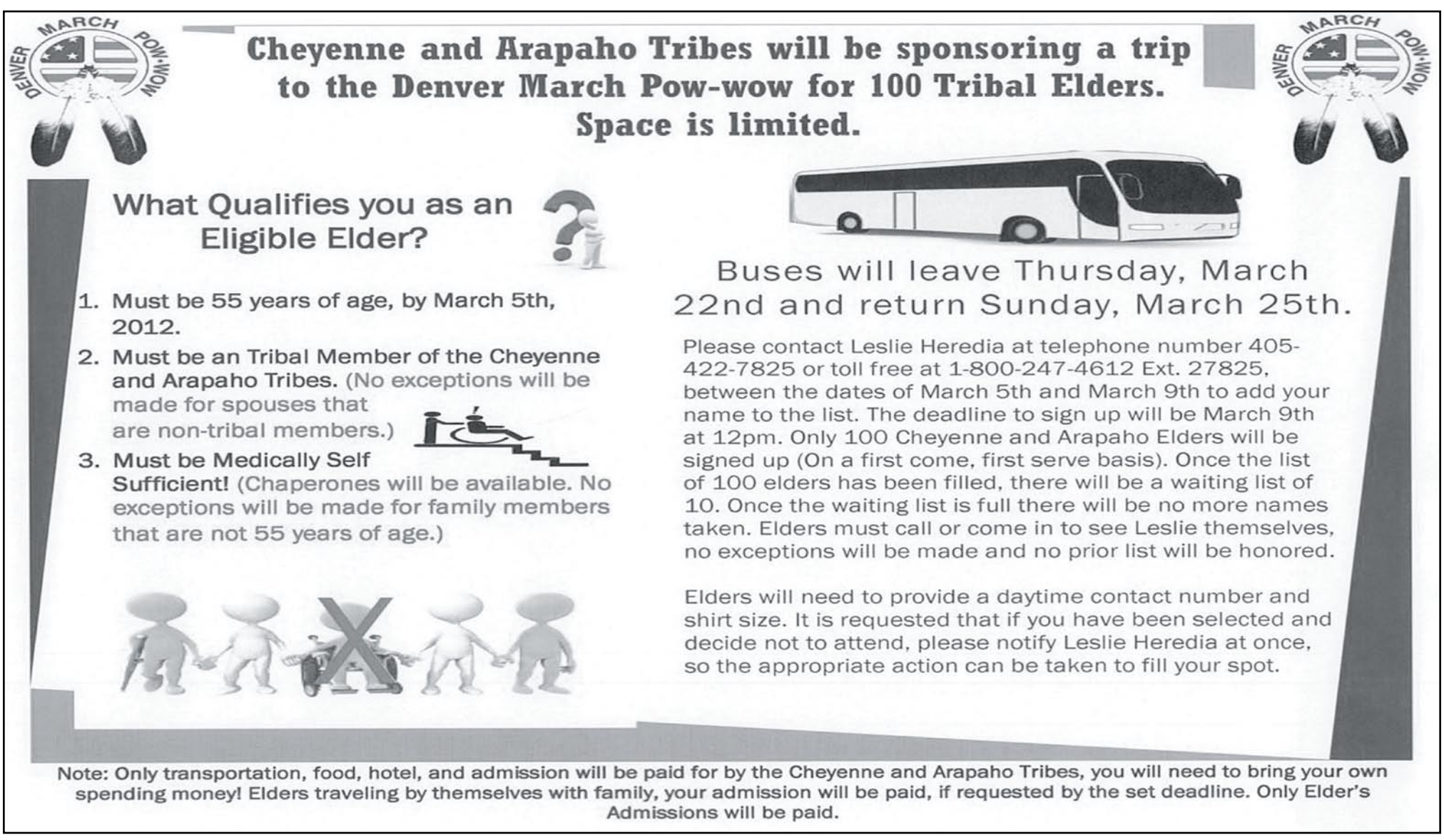
Indigenous peoples have a lengthy and proud history in education. Their educational systems are the first in this nation. They were the first teachers, administrators, and students in this country.

Americans must remember that indigenous peoples are the often "forgotten" and sometimes invisible survivors of policies in which education was utilized as a tool of assimilation. That history haunts us. Therefore, it must be emphasized and reiterated that it is acceptable to be indigenous.

The work that I am doing in my encore career is nothing more than continuing my life work, which is to expand educational opportunity and provide high-quality education to indigenous students. A tribal college and university is another pathway of accessibility to higher education.

I have come full circle in my educational journey, from Oklahoma back to Oklahoma. I can only hope that I have created something good in my walk with the people.

Along the way, my commitment to university teaching was acknowledged by "Inclusion on Rolling Stone's 1991 Honor Roll of Top Ten Professors in the Country. Me? Yes, me, stated with the utmost humility.


DENVER MARCH POW-WOW
Cheyenne and Arapaho Tribes will be sponsoring a trip to the Denver March Pow-wow for 100 Tribal Elders.
Space is limited.
What Qualifies you as an Eligible Elder?
1. Must be 55 years of age, by March 5th, 2012.
2. Must be an Tribal Member of the Cheyenne and Arapaho Tribes. (No exceptions will be made for spouses that are non-tribal members.)
3. Must be Medically Self Sufficient! (Chaperones will be available. No exceptions will be made for family members that are not 55 years of age.)
Buses will leave Thursday, March 22nd and return Sunday, March 25th.
Please contact Leslie Heredia at telephone number 405-422-7825 or toll free at 1-800-247-4612 Ext. 27825, between the dates of March 5th and March 9th to add your name to the list. The deadline to sign up will be March 9th at 12pm. Only 100 Cheyenne and Arapaho Elders will be signed up (On a first come, first serve basis). Once the list of 100 elders has been filled, there will be a waiting list of 10. Once the waiting list is full there will be no more names taken. Elders must call or come in to see Leslie themselves, no exceptions will be made and no prior list will be honored.
Elders will need to provide a daytime contact number and shirt size. It is requested that if you have been selected and decide not to attend, please notify Leslie Heredia at once, so the appropriate action can be taken to fill your spot.
Note: Only transportation, food, hotel, and admission will be paid for by the Cheyenne and Arapaho Tribes, you will need to bring your own spending money! Elders traveling by themselves with family, your admission will be paid, if requested by the set deadline. Only Elder's Admissions will be paid.

Take the stage

continued from page 1

cast, crew and whole company are talented in all aspects of theater.

"*Oliver* is such a timeless piece. People can learn from its unconquerable human spirit, we can all learn from its universal theme of the need for love and acceptance and I hope that everyone finds this play to be an inspiration," Barnett said. "This has been such a joy to be a part of such a great production."

Back stage Heap-of-Birds shares a little about the story of *Oliver*.

"It is about an orphan named Oliver Twist, who lives in a workhouse and then placed with an undertaker," Heap-of-Birds said. "He escapes from the undertaker and travels to London where he meets Jack Dawkins, also called Artful Dodger, he is sort of the leader of us orphans."

Other than her own character, Heap-of-Birds said her favorite character in the play was Nancy.

"Nancy is a young women raised on the streets by Fagin (character) and a prostitute who is in love with the character Bill Sikes, she eventually betrays Fagin and Sikes to save Oliver and pays for it by loosing her life," Heap-of-Birds said.

Heap-of-Birds said she had been bullied once before in her life and understands the feeling of not being accepted by her peers.

"I know the importance of love, cause my mom takes such good care of me, sometimes I take her for granted, but I love my mom so much and thank her for how hard she works and helping me be a part of this play, but being in this play I have learned the meaning of love even more," Heap-of-Birds said.

The cast of characters who play as a juvenile pickpocket gang include Tana Heap-of-Birds, Harley Brinkley, Lily Dowdy, Cooper Frymire, Shelbi Goosen, Garrett Graybill, Addison Holland, Ira Lamborn, Micah McAtee, Connor Williams, Parker Williams, Lily Dowdy.

Barnett said she thought when Charles Dickens wrote *Oliver Twist*; he had no idea that one day his literary work would be adapted to the stage and become one of the most delightful musicals ever written.

For more information about upcoming productions visit The Southwest Playhouse Website at www.swph.com.

Housing

continued from page 1

can Indians and Alaska Natives who have substandard housing or no housing at all, and have no immediate source of housing assistance. The program seeks to eliminate substandard housing, homelessness and overcrowding, and remedy dilapidated houses that lack adequate weatherproofing that causes chronic health problems.

The Housing Improvement Program helps to achieve the housing policy of BIA, "every American family should have the opportunity for a decent home and suitable living environment."

The December 15 Order recognizing Gov. Boswell and the Housing Improvement Program contract is still being appealed. However, the Board's decision to put the Order into immediate effect is an important step in getting families the assistance they need to ensure that their basic needs are met.

Gov. Boswell, expressed relief by stating, "I am so pleased we can now go forward to assist families with safe and sanitary housing."

The Executive Director of the Housing Authority, Orville Whiteskunk said, "We are so thankful we are able to go forward with HIP implementation. Many families are in dire need of HIP services. Our office is gearing up for HIP implementation by getting the contract proposal processed, and getting HIP staff back in place."

For more information on the Interior Board of Indian Appeals' recent decisions are available at www.c-a-tribes.org.

Peltier supporters

continued from page 2

compelling evidence against several other suspects existed and was concealed.

At the time, however, the jury were unaware of these facts. Peltier was convicted and sentenced to two consecutive life terms.

"There has been several people lobbying for us with Leonard's case in Washington D.C. and when we leave Florida we are headed up to Washington and will be there by May 18," Powless said. "We have had a lot of tribal support because of a bill passed through the National Congress of American Indians (NCAI) and there is about 150 tribes that support our cause to free Leonard Peltier. We are working to bring all the tribes together and bring all their support to this cause."

To correspond with Peltier write, Leonard Peltier, #89637-132, USP Coleman I, U.S. Penitentiary, PO Box 1033, Coleman, FL 33521. A Website has been established to help support the efforts to free Peltier at www.windchasesthesun.org.

EATING well for DIABETES

By Tara Conway, MS, RD/LD, CDE
C&A Diabetes Wellness Program

MARCH IS NATIONAL NUTRITION MONTH

Get Your Plate in Shape

When eating think about what you put on your plate when you eat. The size of your plate is important. Remember a typical plate is 12 inches, by changing your plate size to a 9 inch plate you save 500 calories. Over the day, include the following tips to "Get Your Plate in Shape."

Make half your plate fruits and vegetables.

Eat a variety of vegetables, especially dark-green, red and orange vegetables. Beans and peas are good sources of fiber. Fresh, frozen and canned vegetables all count. Canned vegetables have more sodium than fresh or frozen so choose "reduced sodium" or no-salt-added".

For a snack have fruit or make part of your meals. Fresh fruit is best, if not available use dried fruits, frozen or canned fruits in water. Remember if using fruit juice use 100% juice and substitute one serving of fruit a day.

Make at least half your grains whole.

100% whole grain crackers, bread, cereals, pasta and brown rice; first ingredients on label should say whole grain, not enriched whole grain.

Switch to fat-free or low-fat milk

Fat-free and low-fat milk has same amount of nutrients, but less fat and calories. Try a calcium-fortified soy beverage if you are lactose intolerant.

Vary your protein choices.

Eat a variety of foods from the protein food group each week, such as seafood, nuts and beans, as well as lean meat, poultry and eggs. Eat seafood twice a week and keep meat and poultry portions small and lean.

To be continued...

Source: Academy of Nutrition and Dietetics

Swiftbird named 2012/2013 princess in Arizona

Cheyenne and Arapaho tribes of Oklahoma are being represented in Arizona.

Swiftbird Yellow Hair, daughter of Martin K. and Jennifer Yellow Hair, has been selected to represent Rock Point Community School as Tsé Nitsaa Deezáhí Diné Bi'ólta' Bech'eek 2012/2013 (Princess).

Her maternal grandparents are the late Nelson R. Begay Sr. and Jeannette Grey Hatathley. Her paternal grandparents are the late Martin Yellow Hair and Muriel Pawnee.

Swiftbird is 11 years old, and is in the 6th grade. She is representing grades 6-12 at Rock Point Community School.

Her Navajo clans are; Bit'hnii (mother's), Cheyenne (father's), Táchii'nii (mathernal grandfather), Arapaho (paternal grandfather).

Swiftbird loves running, basketball, climbing rocks, soccer, softball and other active sports, as it was her message to stay physically active, during the pageant night. She is fluent in the Navajo language, as is the message from Rock Point Community School.

Swiftbird has one younger sister, Howlingwater Yellow Hair, who also participated in the Pageant in the primary division, and took 3rd Runner Up.

Swiftbird will be making appearances throughout the Navajo Nation and beyond to represent her school, her clans, and also the Cheyenne and Arapaho tribes of Oklahoma. For contact please call (928) 659-4221 ext. 228 or (928) 349-8153.

Juicy Roasted Chicken

Cooking with USDA Foods

Recipes furnished by the Cheyenne & Arapaho Food Distribution Program

1 (3-4 lb) whole chicken, giblets removed
Salt and pepper to taste
1 Tbsp onion powder
½ cup margarine, divided
1 stalk celery, leaves removed

Directions:

Preheat oven to 350 degrees F.

Place chicken in a roasting pan, and season generously inside and out with salt and pepper. Sprinkle inside and out with onion powder. Place 3 tablespoons margarine in the chicken cavity. Arrange dollops of the remaining margarine around the chicken's exterior. Cut the celery into pieces and place in the chicken cavity.

Bake uncovered 1 hour 15 minutes in the preheated oven, to a minimum internal temperature of 180 degrees F. Remove from heat, and based with melted margarine and drippings. Cover with aluminum foil, and allow to rest about 30 minutes before serving.

BRIEFS

Basic Indian Law
March 14-15, 2012 in Las Vegas, Nev. For more information or to register visit www.dciamerica.com.

The 35th annual Conference on American Indian Education
March 15-17, 2012 at the Humboldt State University in Arcata, Calif. For more information visit www.humboldt.edu.

The 11th annual Native Women and Men's Wellness Conference
March 18-22, 2012 at the Rancho Bernardo Inn in San Diego, Calif. For more information visit www. aii. ou.edu.

The 30th annual Native American Financial Officers Association Conference
March 20-21, 2012 at the Roosevelt Hotel in New Orleans, LA. For more information or to register visit www. nafoa.org.

Progressive Governance for Tribal Council and Board Members
March 27-28, 2012 in Phoenix, Ariz. For more information or to register visit www.dciamerica.com.

The 15th annual Tribal Environmental Summit
March 28-30, 2012 at the Doubletree Downtown Hotel in Tulsa, Okla. For more information or to register visit www.itecmembers.org.

The second annual Oklahoma Native American Economic Development Conference
March 29-30, 2012 at the Renaissance Convention Center in Oklahoma City. For more information visit www.nativenationevents.org.

The 2012 Indian Gaming Tradeshow and Convention
April 1-4, 2012 at the San Diego Convention Center in San Diego, Calif. For more information visit www.indiangaming.org.

The 2012 National Forum on Dropout Prevention for Native and Tribal Communities
April 15-18, 2012 at the Sheraton Crescent Hotel in Phoenix, Ariz. For more information visit www.dropoutprevention.org.

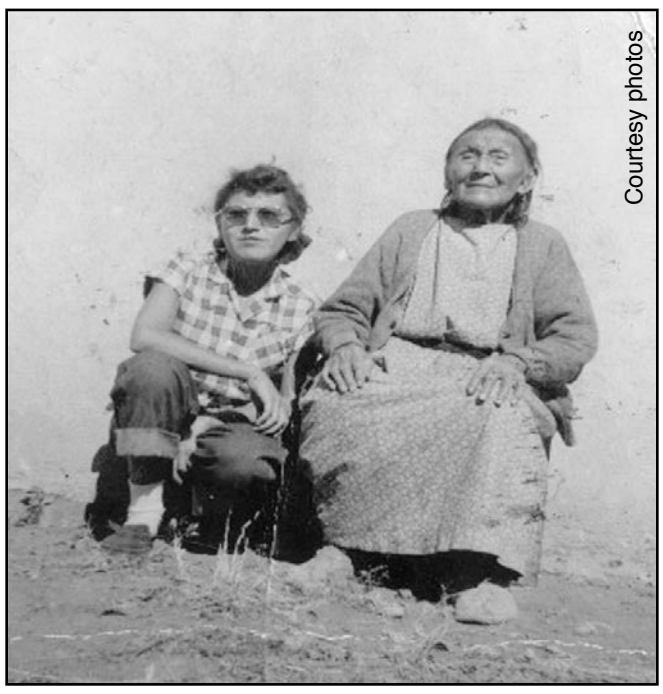
The third annual Native American Health Care Conference
April 16-17, 2012 at the Cosmopolitan in Las Vegas, Nev. For more information or to register visit www.nativenationevents.org.

The 33rd annual National Indian and Native American Employment and Training Conference
April 22-27, 2012 at the Paragon Casino Resort in Marsville, LA. For more information visit www. ninaetc. net.

The 13th annual Native Secretaries and Administrative Assistants Conference
April 24-26, 2012 at the Sandia Casino and Resort in Albuquerque, N.M. For more information visit www. dciamerica.com.

Princess

continued from page 1



Virginia Allrunner with her grandmother, Mist Meat in August 1954.

shared with her about her grandfather.

"We wiped out the white settlers who in turned killed my people first. So we went out for revenge and killed as many as we could, until the battle at Sand Creek. My mother said my grandfather's mother put him into a pouch on a horse when they heard the rifles started firing. My great-grandmother and another young lady tied a saddle pouch onto a horse and put their newborns in it so they would not be killed," Allrunner said. "The other lady had a girl baby, her name was Red Dust, and I still know her. The next morning the scouts went out searching for survivors. They heard noises that sounded like kittens further down the stream where they found the babies, but they were barely alive. My grandfather did not ever speak of his parents, so I do not even know who they were."

Allrunner said there were many clans during the time she was growing up.

"We were a big nation. There was the White Horse Society, Bow Strings and Chief Society. I am very proud of my Dog Soldier Society, they treated me really good and they took really good care of all of us. When we were inside the tipis the men would tell stories as they cook the straw over the open fire and then they would paint us. They would put paint over my eyes. After I had paint on my face we would sing the Rising song and pull the tipi flaps up and when I looked across I could see all the families sitting inside the other tipis and outside ... we did not have lawn chairs at that time," Allrunner said. "After the rising song the men would play the dancing song and all the men would holler. Oh I can still hear it. They would say to us 'let us all dance' and me and Betty Jo Lumpmouth would look at each other and start to dance. I could hear my grandmother lulu outside the tipi."

Summer came to an end and it was time for Allrunner to return to school.

"I was about 13 when I taught myself how to sew and do beadwork. I took a home economics class when I went to Seiling schools. I learned how to cut out my own patterns and make my own dresses. We had to wear dresses to school everyday, isn't that something, nowadays you hardly see anyone wearing dresses … I don't miss my dress," Allrunner laughed. "We lived 20 miles away and I had to take the bus back and forth to school. I was the first Indian to graduate from Seiling High School in 1952."

After graduating high school Allrunner was sent to (what is now called) Haskell Indian Nations University in Lawrence, Kansas.

"My mother sent me to Haskell Institute and I took a two year secretarial course and I received my diploma, but I did not get to walk with my class when it came time for graduation ceremony, because my friend and classmate, Lydia, were sent to Parker, Ariz. to work for the Bureau of Indian affairs (BIA). I worked for them for six months, but I could not stand the heat. It was so hot, they had only fans in the buildings and there was huge spiders crawling around on the ceilings," Allrunner said as she remembered her time with the BIA.

Allrunner made her way back to Oklahoma, where she called home.

"I went back home to live with my parents in Seiling and it was about that time I met and married my husband, Saul Birdshead Jr. It was nice being back home. We all participated in powwows, I missed my family," Allrunner said. "Saul and I had first met each other when we were teenagers, we both played fast pitch softball."

Allrunner said Saul was in the military when they got married. The couple was married 23 years before divorcing and had three children.

Virginia Allrunner

"We went to Germany during the Korean War. I went with him twice and each time we were there for three years," Allrunner said. "It was different being over there. No one spoke English, so I learned to speak German. I wanted to be home and be with my parents, I missed going to the powwows and being a part of them," Allrunner softly said. "After our divorce I went to Southwestern Oklahoma State University (SWOSU) and I attended classes and earned two degrees. I majored in business administration and minored in sociology and while I was there I was a teacher. I taught the language of Cheyenne for two years. I had about twenty students and after graduating from SWOSU I moved to Denver, Colo."

Allrunner said she was seeking employment with several Federal agencies.

"At that time the government jobs were frozen so I put in for jobs here and there. After a year passed I was hired on with the U.S. Fish and Wildlife service," Allrunner said. "I bought my home and I really like it here in Denver."

After 23 years with the U.S. Fish and Wildlife service Allrunner retired.

"I still participate in powwows and am still living a very busy life. I do beadwork and make dresses for others, right now I am getting ready for the Denver March powwow," Allrunner said. "I am thinking of getting a part time job. The University of Denver keeps calling me wanting me to come and work for them but I have a lot of beadwork to finish ... we will see."

Allrunner said, after a pause, that her life today is full of riches and is a blessed one.

"I am surrounded by my grandchildren and the many people I call friends from other nations and tribes living here in Denver, they are from all over the United States. I grew up knowing my Cheyenne culture and speaking my language and learning the ways of the Dog Soldiers was beautiful ... those days I will never forget."

High school seniors and college students-FAFSA application are due now

Students who will attend college in the 2012-2013 academic year, now is the time to send in your FAFSA applications. Applicants must go to www.fafsa.ed.gov and apply for a pin number. The pin number will be sent to your e-mail address or your home address. Once you have received your pin number you can then go to the same website and complete your application online. Your pin number will suffice as your signature. Keep your pin number in a safe place as you will be required to use it throughout your college years.

Parents please complete your income tax report early so your student can then use the information to submit their FAFSA application. If you have not been employed but receive income from other sources, that can be reported as income on the FAFSA application. Your child may be eligible to receive this free scholarship based on the income information you provide. Certain free scholarship grants are given to early applicants, such as the Oklahoma Tuition Aid Grant (OTAG). The OTAG Program has limited funds and once those funds have been disbursed, there is nothing left for late applicants. Many of our students do not receive OTAG funds, simply because they do not complete a FAFSA application early. Parents of students under the age of 24 years old must be involved in their child's college preparation. Don't wait until the month before school starts to complete this much needed FAFSA application, do it now so your child may be eligible to receive extra funds.

Students ask your high school counselor to help you and if you cannot get assistance from them, call our office (405) 422-7646 or (405) 422-7653 and a counselor will assist you. Send an e-mail to wwhiteman@c-a-tribes.org if you need assistance or call (405) 422-7560. Our tribal website is www.c-a-tribes.org/education.

Students who are under 24 years old; are not married; have no dependents; have not been in the military; and are not wards of the court, must have parent income information, and income tax information, if one was filed. Students, please ask your parents for a copy of their income tax forms so you can complete the FAFSA-PELL application now. All income sources should be listed on the FAFSA application. For example: social security benefits, veterans benefits, unemployment benefits, food stamps, retirement benefits, disability benefits, IIM monies, are just some examples but all income needs to be listed on the FAFSA application. You may be required to provide a copy of the income you listed. At present, if a student has a zero index number they should receive a PELL grant maximum amount of $2,775 per semester.

Students 24 years old and over know the process and are encouraged to do their FAFSA applications immediately. If you are not sure you will attend school in the fall, submit your FAFSA anyway and if you are able to attend then your application will have already been submitted. If you are not sure which school you will attend, you may list additional schools. If you are unable to attend that school, FAFSA funds will not be disbursed unless you have enrolled, accepted and signed the student financial aid paperwork. You will be required to reapply for FAFSA at the beginning of each year and send a new BIA-HIE application by June 1 of each year.

The FAFSA application is required for tribal students who are applying for a BIA-HIE scholarship.

Pacheco continues to fight for prisoner's rights while fighting her battle with cancer

By Rosemary Stephens, Editor-in-Chief

In 2008, the State of South Dakota for her efforts as the founder of the South Dakota Prisoner Support Group and fighting for prisoner's rights honored Marletta Pacheco.

Today, Pacheco is battling her own fight against cancer.

"Marletta is an activist for prisoners from every color. She is a matriarch for tribal people everywhere in the northern plains and a very important person in many prisoners' lives," George Blue Bird wrote in a letter asking for support of Pacheco during her battle against cancer. "I am calling on all Tribal chairmen, chairwomen, Tribal and prison liaisons and organizations on every reservation to help support Marletta during this time."

Pacheco, a native of Rapid City and a member of the Oglala Sioux tribe, has devoted countless hours and tremendous personal effort to improve the lives of persons of all racial and ethnic groups who are incarcerated in the South Dakota corrections system.

Following the death of her nephew while he was an inmate in the South Dakota State Penitentiary, Pacheco founded the South Dakota Prisoner Support Group and has worked tirelessly on behalf of inmates and their families to improve conditions while they are incarcerated and to ease their transition back into society following their release.

The Prisoner Support Group offers referrals, links, websites, information, and news, as well as sharing experiences and problems related to incarcerated family members and friends.

In addition to her work with the South Dakota Prisoner Support Group and other organizations, Pacheco served as a member of Governor Rounds' Corrections Work Group in 2004 and has participated in many meetings of the Legislature's State-Tribal Relations Committee, making valuable contributions to the committee's efforts.

Marletta Pacheco has advocated for prisoner's rights since 1999.

It is these reasons and more that the House of Representatives of the Eighty-Third Legislature of the State of South Dakota honors Marletta Pacheco of Rapid City for her dedication and tireless efforts on behalf of individuals in South Dakota's corrections institutions and their families.

To contact Pacheco, write to Marletta Pacheco, c/o S.D. Prisoner Support Group, P.O. Box 3285, Rapid City, S.D. 57709.

Thick Dark Fog, documentary that tackles the psychological trauma of Indian boarding schools, available in March

Lincoln, Neb.-Native American Public Telecommunications, Inc. (NAPT) proudly announces the DVD release of The Thick Dark Fog, "Best Documentary" winner at the 2011 American Indian Film Festival, from filmmakers Randy Vasquez and Jonathan Skurnik. The film documents the life-long journey of Walter Littlemoon, a Lakota man who heals the wounds of his Indian boarding school experience so that he can move forward with his life.

Co-produced by High Valley Films and NAPT, The Thick Dark Fog addresses the mandate of many Indian boarding schools in the mid-1900s which was to "kill the Indian and save the man."

"The children were not allowed to speak their language or express their culture or Native identity in any way," commented the film's producer, Jonathan Skurnik, "How do you confront something like that?"

Confronting his past is exactly what Littlemoon had to do in order to heal himself and his community. Like many Native Americans, Walter acted out his unresolved Indian boarding school trauma through alcoholism and domestic violence.

Walter's wife, Jane, encouraged him to talk about his past with professionals. Jane also aided in Walter's decision to write a book and publish his memoirs so that he could help his estranged children understand why he struggled so much as a father. However, when Walter revisited his Indian boarding school memories, he found it nearly impossible to continue writing the book. Despite the struggles, at age 67, Walter's book entitled, They Called Me Uncivilized: The Memoir of an Everyday Lakota Man from Wounded Knee was published. In the book and film, Walter explains that he did not have a name for the pain and confusion that he felt, so he called it "the thick, dark fog."

"Like so many, I have lived a life blocked by fear, led by fear and governed by fear that was created in those childhood days," stated Littlemoon.

"Walter's mission was to let other Native folk around the country know that they can deal with what happened to them at the boarding schools--those that had a traumatic experience like he did," said the film's director/producer Randy Vasquez.

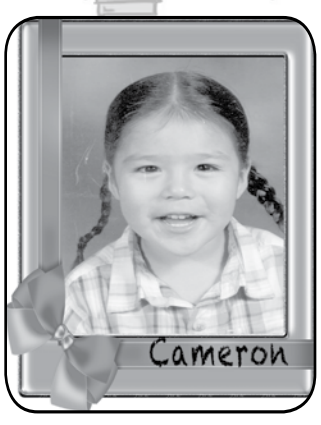
Despite the impact of the Indian boarding schools on Native American communities across the U.S., their impact on Native culture and history has been largely withheld from America's mainstream Native American narrative. "Here was the legacy of oppression that was on par with slavery that American children don't learn about in school," added Skurnik.

As time has passed, more positive accounts have surfaced from Native Americans about their boarding school experiences such as being saved from poverty and making life-long friends. However, The Thick Dark Fog tells one man's story of healing from the destructive aspects of the Indian boarding school experience and how he gave back to his community.

For more information, visit the official website for The Thick Dark Fog at www.thickdarkfog.com.

HAPPY BIRTHDAY

Happy Birthday son we are proud of you. Wish you many more leap years to come and future Chief so make us proud.
Love dad, Sonny Goodbear, Sharon Goodbear, Montana and Toby Goodbear.



Happy 8th Birthday Cameron Chaske Longknife
March 2
Love Grandma Christine and Rick
We love you lots!!!

Happy Birthday
Cubby Lonebear
Mar. 4
Robert Lonebear
Mar. 12
Gail Wiliams
Mar. 21
We all miss you Robert, until we meet again, love always Gail.

Uh-Oh
The BIG 5-0!!!
Happy Birthday
David Allen
March 7
You are the best brother any sister could ask for. You are a wonderful father and know you are loved by us all.
Love your sister, daughters and all the rest of your family

Happy Birthday Erny!!!
Feb. 1
Way up in Ronan, Montana. Lova and miss you, your auntie EE, cousin Sybil, TM, all your nieces and nephews here in Oklahoma!!

Happy 5th Birthday
Isaiah Lee Diaz
March 5
Mommy loves you!

Happy Sweet Birthday
Leah Diane
March 11
We love you with all our hearts.
All your family

Happy 4th Birthday
Sydnee Marie
March 16
You laughter is a breath of fresh air
That makes everyone around you laugh along.
We love you very much!
Love your mama, daddy, all your aunties, uncles and cousins

Happy 11th Birthday
Macey R. Whiteshield-Addison "Ne Me Houts"
Feb. 27
Not a day goes by without thinking of you!
Love your dad, Trey Addison.

March 4, 2002
On this date God blessed me with my first grandchild. "lil" GoodWarrior Deer
Happy 10th Birthday
Love, Nawah

Happy 5th Birthday Cheyenne Faith Goodblanket, March 1 and Happy 5th Birthday Lauren Jade Goodblanket March 8.
We love you girls! Happy Birthday wishes from your entire family.

Happy Birthday Melissa, you crazy girl you!
Hope you have a great day!
Love your family and friends!

Happy Belated Birthday

Marlene Pratt
Feb. 7

Seger Williams
Feb. 15

Cheryl Pollock
Feb. 21

Fannita White
Feb. 11

Margaret Mountain Pollock
Feb. 10

Happy Birthday

Esther Tahdooahnippah
March 21

Sean Hamilton
March 21

Alvin George Pollock
March 24

Jade Forte'
March 25

Basil Pollock
March 26

Happy Belated 4th Birthday
To my boy Konner Reese Pratt
Love mom and Kaiden

Nakosi, sharing life with you gets better as each day passes. My favorite place to be is in your arms. Love your hokte

Happy Birthday
Glen Walker Sr.
Love always, Jo

Happy 8th Birthday Sarena Longan!
Feb. 27 Love, mom, dad, Victoria, Louis, Jaiden and Mario

Happy 13th Birthday
Miss Rylee Ortega
Love your family in Seiling

Happy 1st Anniversary

Mr.,Mrs. Jon and Misty (Hicks) Hixson
Wishing you the very best, a wonderful day and all the rest. Good health, good cheer, good luck, good friends and happiness that never ends! Love always, mom

Happy Birthday to our precious angel
Micah Ryan Taos
You would be a teenager this year, how time flies. You have been gone 13 years but you will never be forgotten. You will always be in our hearts, until we see you again. Always momma, Cody, Brody, Devon and Elijah.

Happy Birthday

Happy Birthday to my loving husband Galen Reed
March 11
I would like to wish you a very Happy Birthday on your special day. May your day be filled with love and happiness.
This is just not another day this is the day that I give thanks because without you there would be no me or no us. I am truly blessed to have you as my husband and my best friend.
Have a blessed Birthday My love!!!!
Love, Angel and all our little angels. XOXO

Silas Frederick Woods, born September 16, 2011 at Yukon Integris Hospital, Silas is the son of Fritz and Nina Woods, brother and sisters Marcus Sankey and Marcella Sankey, Anessa Woods, paternal grandparents Frank Woods Sr. of Toksook Bay, Alaska and Agnes Woods of Bethal, Alaska, maternal grandparents Virginia Reyes, Yukon, Okla. and Alejandro Capain, Mexico City, Mexico.

VALENTINE'S DAY

Happy Belated Valentines Day
To my three cupids Kenneth, Konner and Kaiden Pratt
Love, Bonnie

Happy Belated 4th Birthday

Birthday
To my boy Konner Reese Pratt
Love mom and Kaiden

Happy Birthday Andrew Adam
Feb. 22
Love all your family

Sienna Dawn Littlehawk tribal member receives G.E. Citizenship Award from Kingfisher Heritage School. She is the daughter of Kino and Theresa Littlehawk and granddaughter of Donald and Agnes Littlehawk. Way to go Sienna keep up the good work.

I would like to thank the Tribes, Elder Care, Crisis Program and Eddie Hamilton for their assistance on my sons passing and all the prayers.
Ahho,
Leon and Goodbear family.

Miss you My Sister, Lolita
Even after ten and half years
Feb. 11

In Memory of our mother
Minnie Blindwomen
Feb. 15
Miss you very much after two years gone to be with the Lord.

Wishing our mom a very Happy Birthday!!
Elaine Bird
March 21

From your daughters Ruth Costilla and family, Carol Standingwater and family, Roselyn Nolasquez and family, Rosemary Armendariz and family, and your son Richard Bird and family.
We love you very much and we are wishing you many more years to celebrate every year with all your family and grandkids and great grandkids!

JOBS find your Career

Submit tribal application, resume, diploma, transcripts, valid Oklahoma state driver's license, and CDIB to: Personnel Department P.O. Box 38 Concho, OK 73022 or e-mail: whaag @c-a-tribes.org.

Community Health Nurse Diabetes Wellness
Closing Date: Until Filled

QUALIFICATIONS:

Must possess current Oklahoma RN Nursing license. Possess strong verbal and written skills. Able to pass background check. Possess current unrestricted Oklahoma driver's license. Knowledgeable of Cheyenne and Arapaho Tribal traditions and customs. Cheyenne-Arapaho preference.

SALARY: Negotiable

Staff Accountant
Dept. of Treasury
Closing Date: Until Filled

QUALIFICATIONS:

An associate's degree in accounting, with minimum of two years of professional accounting experience. An equivalent of education and experience of Tribal accounting of two or more years.

SALARY: Negotiable

Outreach Caseworker
Part-time Permanent
Crisis Assistance Program,
Closing Date: Until Filled

QUALIFICATIONS:

Prefer bachelor's degree in social work or related field or an equivalent combination of education and experience. Require two years of experience in professional related field. Ability to work flexible hours and willing to work hours including after 5 p.m. Must understand and strive to implement program's goals, objectives, rules and regulations. Possess communication skills, written and oral, to relate to Indian and non-Indian communities, other agencies and general public. Ability to maintain a high level of confidentiality on all client matters and other matters protected by the Privacy Act as well as other confidentiality regulations. OSBI and criminal background check required and be adjudicated appropriately. Prefer knowledge of Cheyenne and Arapaho/ Native American cultures and values. Must possess a current Oklahoma driver's license to operate a government owned vehicle. Cheyenne and Arapaho preference.

SALARY: Negotiable

Transit Driver I-F.T.
Tribal Transit Program
Closing Date: Mar. 7, 2012

QUALIFICATIONS:

Applicant must possess or be willing to attend, various training programs to gain a CPR and CDL certification. Transit drivers must pass a pre-employment drug screening process and are subjected to random drug testing. Applicants, upon securing a CDL, must maintain a clean driving record and may be required to provide a DMV Motor Vehicle Report (MVR). Applicants should be able to prove to lift, at a minimum, 50 pounds, with no physical barriers. Musst possess the ability to communicate effectively to patrons and superiors any findings, incidents, activities and daily responsibilities. At a minimum, the transit driver must possess a high school diploma and possible completion of a commercial driving training program and defensive driving program. Experience may be acceptable as substitution of above requirements.

SALARY: Negotiable

Counselor Vocational Rehab Prog.-Watonga
Closing Date: Until Filled

QUALIFICATIONS:

Bachelor's degree in social science field preferred. Two years experience in the delivery of social services and/or community based networking and referral services and one-year experience in community-based networking and referral services. Two years counseling experience with case management and/or vocational interest assessment experience preferred. Must possess valid Oklahoma driver's license and have reliable transportation. Cheyenne and Arapaho preference. Must pass pre-hire background investigation.

SALARY: Negotiable

Staff Assistant-Caregiver
Elderly Nutrition Ctr.
Closing Date: Mar. 6, 2012

QUALIFICATIONS:

Must be computer literate in various office programs. Must have good organizational skills. Must possess a high school diploma or G.E.D. certification. Valid Oklahoma driver's license. Cheyenne and Arapaho tribal preference.

SALARY: Negotiable

Deputy Clerk of the Supreme Court-Concho
Closing Date: Mar. 7, 2012

QUALIFICATIONS:

High school diploma or G.E.D. certification required. At least two years specialized work experience. Knowledge of general office practices and courtroom procedures preferred. Knowledge of property and supply. Ability to type 60 wpm. Skills in operating various office machines. Skills in greeting and working with the public. Demonstrate moral integrity and fairness in business, public and private life. No convictions of a felony or misdemeanor within the past three years. Regular abstinence from the excessive use of alcohol and any use whatsoever or illegal drugs or psycho toxic chemical solvents. All applicants will be subject to and must pass a background investigation. Cheyenne and Arapaho tribal preference

SALARY: Negotiable

SCHOLARSHIP DEADLINE

Students may now apply for Fall 2012 scholarships and are due in Education office or postmarked by U.S. mail by June 1, 2012.

Wind Energy Project Recruiting Tribal Members

The Department of Economic Development is currently recruiting tribal members interested in attending the next Wind Energy Technician Level I class scheduled to be held at Canadian Valley Vo-Tech in El Reno beginning Monday, April 23, 2012-May 18, 2012.

Orientation will be held Thursday March 29, 2012 from 6-10 p.m. The classes will be held M-F from 7:30 a.m. to 4:30 p.m.

Applicants must apply for financial assistance through the EOTS Department as early as possible to ensure that applications can be processed timely. Class is limited to the first 15 students.

For more information call (405) 422-7454 or 422-7466.

SPRING FORWARD
Daylight Savings Time Begins
Set Your Clocks up One hour-Sunday, March 11, 2012

In Memoriam

Funeral services for Cora Lee Nation were held Feb. 17, 2012 at the First Baptist Church in Geary, Okla.

Cora Lee, age 73, of North Beach, MD passed away on Feb. 9, 2012 at her home. She was born May 8, 1938 in Geary, Okla. to Ben and Vida (Roman Nose) RedBuffalo. Cora Lee was the great great granddaughter of Chief Henry Roman Nose.

She received her early education in Geary Schools and attended the University of Maryland at College Park. Cora served in the U.S. Navy from Sept.30, 1957 until being discharged May 5, 1961 and has lived in Maryland ever since.

Cora Lee was married to James Nation in June of 1979 and made North Beach their home. She was a member of St. Paul's Episcopal Parish in Prince Frederick.

Her parents, a son, Parrish Ricci and brothers, Ronnie and Benny RedBuffalo, preceded her in death.

Surviving Cora Lee is her husband, James Nation, children, Donna Nicholson and her husband Jeff of Gambrills. MD, Luke B. Nation of Washington, D.C. and Jacqueline R. Platt and her husband, David of Pittsburg, PA. Also surviving her are grandchildren, Jennifer and Christine Nicholson of Gambrills, MD and John, Claudia, Theodore and Julia Platt of Pittsburg, PA, and sisters Maxine Condulle and her husband Claude of Oklahoma City, Betty White of Arapaho, Okla. and Mona Montassam of Albuquerque, N.M.

Charles Little Coyote
Oct. 26, 1926
Feb. 9, 2012

Funeral services for Charles Little Coyote was held Feb. 15, 2012 at the Affinity All Faiths Funeral Home in Wichita, Kansas, followed by an Interment at the Greenwood Cemetery also in Wichita.

Edwina Mae Milligan
Oct. 31, 1941
Feb. 16, 2012

Graveside services were held for Edwina Mae Milligan at the banner Cemetery on Feb. 21, 2012 in Kingfisher, Okla.

Arrangements were made by Sanders Funeral Home in Kingfisher, Okla.

Funeral Services for William Lee Beard (Willie Beard) were held Feb. 29, 2012 at the Roam Chief Building in Pawnee, Okla.

Beard was 45 years old and was Pawnee, Cheyenne and Arapaho.

He was a champion Straight Dancer in the powwow arena. He was also a former employee of the Cheyenne Arapaho tribes of Oklahoma.

He passed away on Saturday, Feb. 25, 2012 at his home in Pawnee Okla. He is the younger brother of Suzi Beard-Pickering and Sharon Kay Beard of Pawnee, Okla. and Lorenzo Beard Sr. (Bo Beard) who currently works in the Cheyenne and Arapaho Economic Development program.

IN THE TRIAL COURT
CHEYENNE AND ARAPAHO TRIBES OF OKLAHOMA
P.O. BOX 102
CONCHO, OKLAHOMA 73022

CHEYENNE & ARAPAHO TRIBES OF OKLAHOMA FILED FEB 2 2 2012
IN THE TRIAL COURT
DOCKET _____ PAGE _____
BY _____ COURT CLERK
_____ DEPUTY

In The Matter Of The Guardianship Of:
A.D. JR
DOB: 09/02/05
LL.D.
DOB: 03/05/07
A Minor Child

Case No: PG-2012-0009

NOTICE BY PUBLICATION

The Cheyenne and Arapaho Tribes to: ADAM DIAZ

You are hereby notified that Shelly Whiteskunk has filed in this Court a Petition For Custody of the person and/or estate of A.D JR, DOB: 09/02/05 and LL.D, DOB: 03/05/07 minor children, and that on the 6th day of February, 2012 the Petitioner has filed for custody and a hearing has been set to be heard in the Courtroom of said Trial Court of the Cheyenne and Arapaho Tribes, 700 Black Kettle Boulevard, Concho, Oklahoma, on the 11th, day of APRIL, 2012 at 10:00 A.M., at which time you may appear and show cause, if any you have, why said Custody should not be granted.

Dated this 22nd day of February, 2012.

Petitioner:
Shelly Whiteskunk
22529 E. 1070 Rd.
Clinton, Ok 73601

by:
Edwina Whiteman, Court Clerk
Cheyenne and Arapaho Trial Court

IN THE TRIAL COURT
CHEYENNE AND ARAPAHO TRIBES OF OKLAHOMA
P.O. BOX 102
CONCHO, OKLAHOMA 73022

CHEYENNE & ARAPAHO TRIBES OF OKLAHOMA FILED JAN 0 4 2012
IN THE TRIAL COURT
DOCKET _____ PAGE _____
BY _____ COURT CLERK
_____ DEPUTY

In The Matter Of The Guardianship Of:
S.W.L
DOB: 03-06-05
ROLL: #PENDING
A Minor Child

Case No: PG-2012-0001

NOTICE BY PUBLICATION

The Cheyenne and Arapaho Tribes to: THOMAS LITTLEBIRD

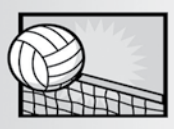
You are hereby notified that BARBARA WALTER and BYRON SANKEY have filed in this Court a Petition For Custody of the person and/or estate of S.W.L., DOB: 03-06-05, a minor child, and that on the 4th day of January, 2012. the Petitioner set for a Hearing to be heard in the Courtroom of said Trial Court of the Cheyenne and Arapaho Tribes, 700 Black Kettle Boulevard, Concho, Oklahoma, on the 8th, day of FEBRUARY, 2012 at 10:00 A.M., at which time you may appear and show cause, if any you have, why said Guardianship should not be granted.

Dated this 4th day of January, 2012.

Petitioners
Barbara Walter
Byron Sankey
P.O. Box 542
Canton, Ok 73724

by:
Edwina Whiteman, Court Clerk
Cheyenne and Arapaho Trial Court

2012 R.E.Sp.E.C.T. Volleyball League



Season starts Sunday, March 11th
All games will be played at Darlington School
Deadline to enter is March 6th @ 4:00 pm
NO PLAYER IN HIGH SCHOOL
WILL BE ALLOWED TO PLAY
All players must tribal members, tribal employees or have a CDIB and living within the tribal service area
6 players on the court and 8 player roster

To enter a team, please call the R.E.Sp.E.C.T. Office at 405-422-7570

R.ecreation, E.xercise & Sp.orts for the E.lders and C.hildren of our T.ribes

CHEYENNE & ARAPAHO TRIBES

March

2012

Director: Troy Littleraven
Office Hours: M-F 8-5
Fax: (405) 422-8261
Issuance Hours: 9am- 3:30 pm
Toll Free: 1-888-747-9520
>C-A FOOD DISTRIBUTION<
Open during Lunch

SUN	MON	TUES	WED	THURS	FRI	SAT
NON DISCRIMINATION In accordance with Federal law and U.S. Department of Agriculture of policy, this institution is prohibited from discriminating on the basis of race, religion, political beliefs, or disability. To file a complaint of discrimination, write USDA, Director, office of adjudication, 1400 independence Ave. S.W. Washington, D.C. 20250-9410 or call toll free (866)632-9992 (voice). Individuals who are hearing impaired or have a speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339 or (800) 845-6136 (Spanish. UDSA is an equal opportunity and employer				1	2	3
4	5	6 CLINTON #1	7 SEILING NUTRITION ED DEMO	8 HAMMON	9	10
11 DAYLIGHT SAVINGS TIME BEGINS	12	13 CLINTON #2	14 NUTRITION ED DEMO	15 ELK CITY	16	17
18	19	20 Spring	21 NUTRITION ED DEMO	22	23	24
25	26	27	28 Last Day to Pick-up for March	29 CLOSED FOR INVENTORY	30 CLOSED FOR INVENTORY	31

Autonation and ASEDA fleet join forces, online vehicle purchasing program designed for Native Americans

DALLAS - ASEDA Fleet has partnered with AutoNation, America's largest auto retailer to offer affordably priced new and used cars for members of Native American and Alaska Native Tribes.

Through this joint effort, accredited tribal members will be able to search online for new or used cars at prices that best fit their budget needs from a selection of over 50,000 vehicles. Additionally, AutoNation, a $14 billion enterprise, provides financing through a large network of financial organizations for Native Americans in the lower 48. ASEDA Fleet has arranged financing for Alaska Natives' through Credit Union 1.

ASEDA Fleet is a Native American owned corporation founded by the Absentee Shawnee Economic Development Authority (ASEDA) from its headquarters in Oklahoma. Although the primary focus of the firm is on providing comprehensive lease or purchase fleet services for corporations and associations, the board has always wanted to improve vehicle-purchasing opportunities for individual Native Americans and Alaska Natives.

The program is simple to use. Tribal members go to www.asedafleet.com and click on the AutoNation link. Once online, Tribal shoppers can define the type of vehicle they prefer (truck, car, SUV), model and whether or not they want an old or new vehicle. Once a choice is made, shoppers can view detailed photos as well as receive a detailed CARFAX vehicle history report. The CARFAX is a rigorous 135-point safety inspection review. Plus every ASEDA Fleet AutoNation vehicle comes with a 60-day no-deductible, unlimited-mile power train warranty on used cars and a three-day, 150 mile, money-back guarantee on new cars.

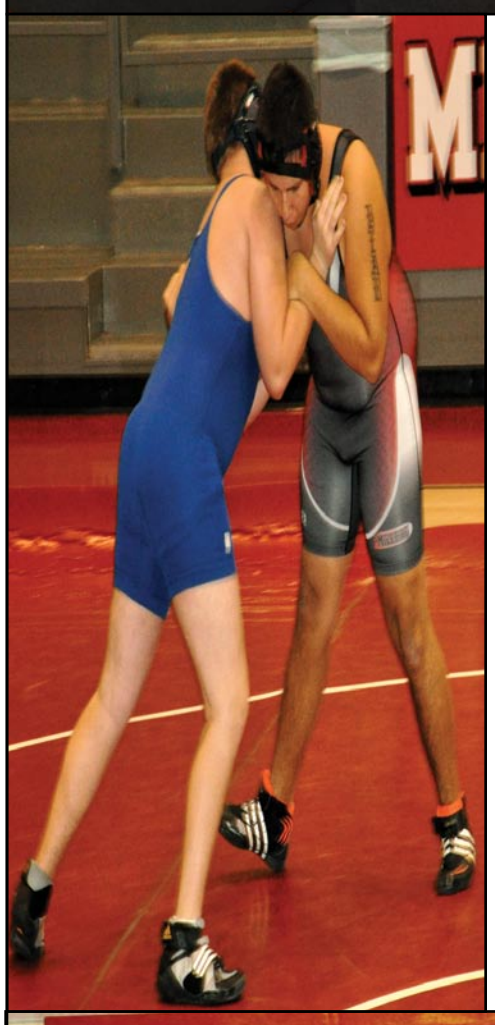
In addition, ASEDA Fleet and AutoNation will provide a personal auto consultant (available seven days a week) to guide a potential buyer through the purchasing process. These consultants are salary based so instead of pressuring a shopper to purchase, they focus on providing the buyer unbiased assistance regarding the type of car best suited to meet their needs. Once a purchase has been made, the consultant also coordinates the best time and place for delivery of the vehicle.

As for routine service for the newly acquired vehicles, the customer will be supported with a network of factory trained certified technicians with competitive pricing, convenient hours and locations. For more information on this new ASEDA Fleet service, go to www.asedafleet.com. For details about the company and this new alliance, email Jet Parker at jet@platinumrainmakers.com.

SPORTS SPOTLIGHT

By Rebecka Lyman Reporter

Photo by Rebecka Lyman



Weighing 265lbs. heavy weight Jaylen Medicinebear, 6'0, sophomore at Yukon Public schools participates on the wrestling team.

"I really enjoy wrestling, it is a sport where you only rely on yourself," Medicinebear said. "I am on the junior varsity team, but I get to go to varsity matches and compete with others who are on the varsity team, it makes me feel real good when I beat them."

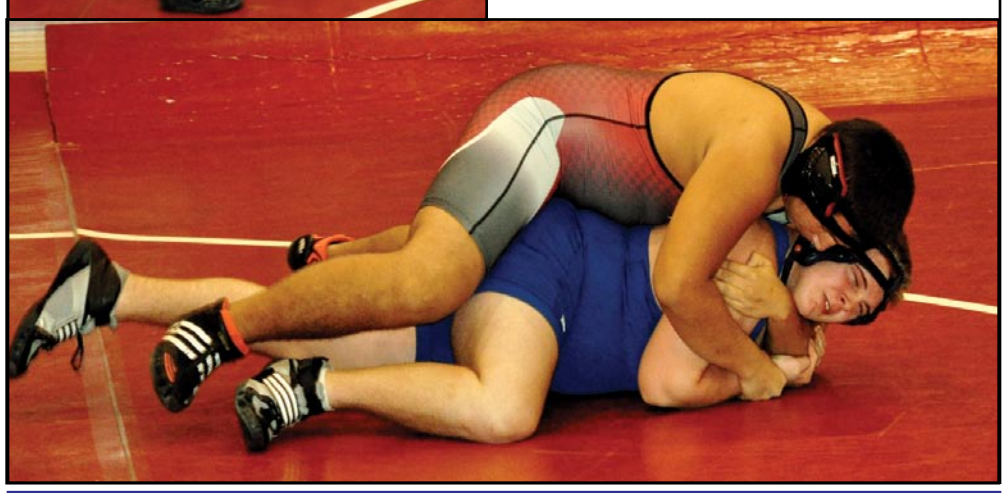
Medicinebear said he looks up to his mom and coach.

"My mom pushes me to be a better person and player," Medicinebear said. Coach Schneider will get out on the mat with me and be real tough on me when we practice."

Medicinebear plans to attend Oklahoma State University and become a firefighter.

"Tim Ward is my girlfriend's brother-in-law and he is the reason I want to be a firefighter. He volunteered himself to go over to Iraq and to help those in need over there. He has told me that being a firefighter has made him a better man and how he describes his job to me, I think it just fits me and who I am," Medicinebear said.

Medicinebear enjoys working out and training with his peers on the wrestling team. His favorite meal is spaghetti, he attends Life Church with his mom and is involved with the church's youth activities.



DARLINGTON LADY CHIEFS WINS STATE CHAMPIONSHIP

ABOVE-The Darlington Lady Chiefs had a perfect season, 20-0 and took away the state championship.

Team members include Angela Spottedwolf, Destiny Richards, Arion Pollock, Candance Piers, Arianne Slinkey, Mary Elledge, Darryan Sleeper, Breighton Mowery , Mackenzy Williams, Jericah Littleman, Alisha Sealey, Tiara Slinkey, Ramona Pierson, Rachelle Roman-Nose, Zhoonie Sherman, Moriah Whiteman, Abby Darragh, Shelby Wehmuller, Riann Riggles, Adelia Owens, Lynn Wilkerson, Coach Mike Pierson.

LEFT-Darlington School held their basketball Homecoming on Feb. 3, 2012. Winning homecoming King was Carl Bigfoot Jr., Queen was Lynn Wilkerson and kindergarten attendants were Markus LameBull and Nazhoni Sleeper.

Music legends perform at Lucky Star Casino Event Center

Loretta Lynn photos by Tera Leiter

Country music icon, Loretta Lynn performed on Feb. 18, 2012 leaving standing room only within the Lucky Star Casino Event Center.

She sang her well-known hits such as *Coal Miner's Daughter* and *Don't Come Home a Drinkin'*.

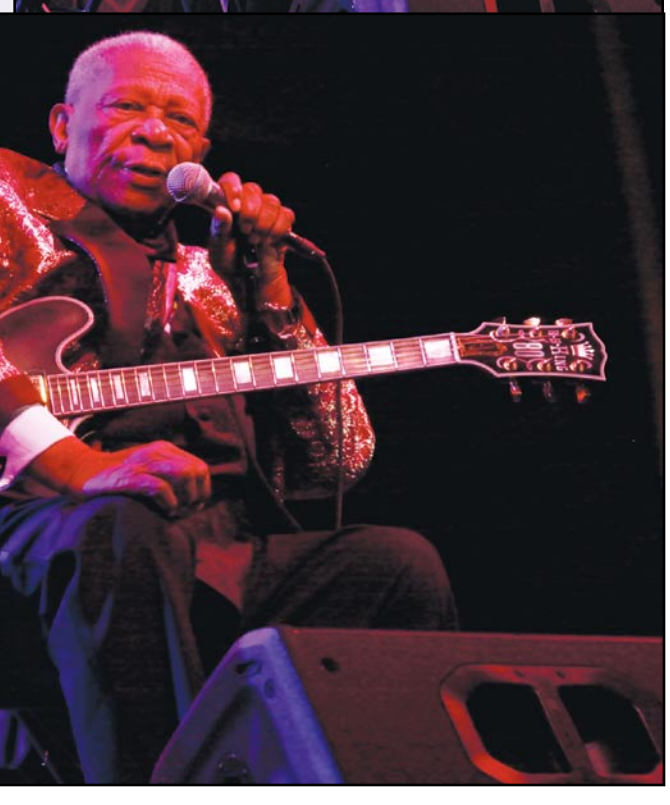
A short one week later, blue's guitarist icon, B.B. King took the stage.

At the age of 86, King continues to mesmerize audiences with his smooth blues guitar, Lucille.

Rolling Stone's magazine ranked King as No. 3 on their list of 100 greatest guitarists of all time.

Upcoming performances at the Lucky Star Casino Event Center include a return show by Snoop Dog on March 8 and George Thorogood on March 15, 2012.

B.B. King photos by Rosemary Stephens



Ledger Art speaks from the past, explored in the present

By Rebecka Lyman, Reporter

Native artist George Levi, Cheyenne and Arapaho, draws upon ledger painting to record his Native American traditions, history and culture.

Levi, along with other Native artists, featured their pieces of Ledger Art on Feb. 10, 2012 at Tribes 131 fifth annual Love of Ledger Art-History in Pictures art show in Norman, Okla.

"Ledger Art is a style of art that is practiced amongst some contemporary Native artists. It traces its roots back to the 1800s from certain tribes of the central plains," Levi said.

Ledger Art flourished primarily from the 1860s to the 1920s. A contemporary revival of Ledger Art began in the 1960s and 1970s.

"Before paper was available Plains Indians expressed their art through carvings into rock walls and smooth surfaces such as tanned animal hides like deer, elk and antelope hides and buffalo robes," Levi said as he stood next to one of his paintings. "But after contact with different groups of non-Natives in the early 19th century the Cheyenne and Arapaho acquired paper, usually in leather bound accounting books along with pencils, crayons and pens. The paper was usually on ledger paper, thus named Ledger Art."

Levi said the Plains Indians would use any paper product they could come across, including diaries, notebooks, army rosters and business flyers.

It is written in history books that the most celebrated ledger artists were prisoners of war at Ft. Marion in St. Augustine, Fla. In 1874, in what became known as the Red River War or Buffalo War, a group of Cheyenne, Kiowa, Arapaho, Comanche and Caddo warriors fought the U.S. Army to protect the last free herd of buffalo and to assert their personal independence. In the harsh winter of 1874-1875, many tribal camps were forced to surrender to various Indian agencies and the supposed leaders of the Red River War were rounded up and sent to Ft. Marion. From 1875-1878, the 71 men and one woman were under the command of Richard Henry Pratt, who used the opportunity to expose Indians to western education.

Levi said that the Plains Indians' paintings or drawings were usually of warfare, but they also depicted through their drawings of everyday scenes such as camp life, hunting scenes, courting scenes and some religious scenes.

"The scenes were firsthand of what was happening on a daily basis for the Cheyenne and Arapaho people," Levi said. "Men were the artists mainly, they were Cheyenne Military Society Men. No women amongst the Cheyenne and Arapaho that have been found were Ledger artists. The Cheyenne prisoners of war that were incarcerated at Ft. Marion prison in Florida produced some of the most well known Ledger Art. Men such as Buffalo Meat, Making Medicine and Howling Wolf were prolific artists that readily produced scenes of Cheyenne life through Ledger Art."

Levi said that other notable Ledger Art was also produced around Ft. Reno and Darlington, as well as in Montana from the Northern Cheyenne.

"It is great to be able to go through old ledger books and see drawings made by our relatives from the past," Levi said. "There are many old time ledger books in various museums and private collections that is of our history that the Plains Indians documented in their drawings."

Photos by Rebecka Lyman

Native artist, George Levi describes one of his Ledger Art pieces featured on the wall at Tribes 131 in Norman, Okla.

Levi said the Cheyenne and Arapaho artists from the past and the art they made still influence artists today.

"Ledger Art is flourishing as an art form today, with many people that never did Ledger Art are beginning to produce their own type of Ledger Art," Levi said. "However Ledger Art is a traditional art among the Cheyenne and Arapaho people."

WE'VE GOT YOUR GAME!
March 15th - 30th
BRACKET MADNESS
SLOT
TOURNAMENT
WIN YOUR SHARE OF OVER
$100,000
Qualify for the finals March 31st - April 2nd by playing in our daily slot tournaments from Noon–11pm.
See Players Club for times, official rules and details.
Lucky Star entertainment
Snoop Dogg March 8 CONCHO
Tickets available at Lucky Star Casino Box Offices, online at Ticketstorm.com
or by phone at 866-966-1777.
7777 North Hwy 81 • Concho, OK 73022 • 405-262-7612
101 N. Indian Hospital Rd. • Clinton, OK 73601 • 580-323-6599
301 NW. Lake Rd. • Canton, OK 73724 • 580-886-2490
1407 S. Clarence Nash • Watonga, OK 73772 • 580-623-7333
Subject to change. Management reserves all rights. ©2012 Lucky Star Casino
Lucky Star CASINO
CONCHO • CLINTON CANTON • WATONGA
An Enterprise of the Cheyenne and Arapaho Tribes